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ABSTRACT

This document provides an inventory of training activities and resources related to substance abuse current to December 31, 1993. The inventory presents separate sections for: (1) programs; (2) courses; (3) workshops; (4) summer institutes; (5) print resources; (6) audiovisual resources; (7) organizational resources; (8) resource people; and (9) post-secondary institutions in British Columbia. Programs described are located in either British Columbia, the other parts of Canada, or the United States. A glossary of educational terms and an alphabetical index of entries are appended. (SR)

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Inventory of

SUBSTANCE ABUSE TRAINING RESOURCES

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Ministry of Skills, Training and Labour
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INVENTORY OF SUBSTANCE ABUSE TRAINING RESOURCES

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Introduction

Project Background

In the summer of 1993, Alcohol and Drug Programs (ADP) of B.C.'s Ministry of Health, working through the Ministry of Skills, Training, and Labour (then the Ministry of Advanced Education, Training, and Technology) called for proposals to:

- develop an inventory of training activities and resources related to substance abuse, and
- conduct an analysis of priority training needs of alcohol and drug workers.

A joint proposal submitted by the University College of the Fraser Valley and the University College of the Cariboo was funded and the project team listed below started work on both components of the project on August 1, 1993.

Susan Witter	Dean of Continuing Education, University College of the Fraser Valley
Margaret Penney	M & W Penney and Associates Ltd.
Inga Thomson	Extension Coordinator, University College of the Cariboo
Gloria Wolfson	Program Head, Career/Continuing Education, UCFV
Deborah Block	Human Services Program, University College of the Fraser Valley

A Training Advisory Committee selected by Alcohol and Drug Programs and chaired by Juanita Arthur (then Acting Area Manager, South Vancouver Island Area, ADP), guided the project team in its work. Its members were:

Juanita Arthur	Project Coordinator/Acting ADP Area Manager, Victoria
Brian Butcher	Broadway Clinic, ADP, Vancouver
Helen De Groot	Phoenix Transition House, Prince George
Bill Downie	Alcohol and Drug Programs, Kelowna
Carol-Ann Dwyer	Campbell River Clinic, ADP, Campbell River
Reg Fleming	Day/Evening Youth Program, Victoria
Jeanne Harris	Dual Diagnosis, Greater Vancouver Mental Health Services
Elaine Hooper	Nechako Treatment Centre, Prince George
Roy Josephson	Maple Cottage Detox Centre, New Westminster
Patricia Lund	Aurora Society, Vancouver
Charlotte Mallory	Action A&D Counselling Society, Sechelt
Eleanor May	School Prevention Services, Vancouver
Sherry Mumford	Hope Alcohol and Drug Programs, Hope
Don Potkins	Maple Ridge Treatment Centre, Maple Ridge

The following Post Secondary and Ministry Representatives also assisted the Advisory Committee.

Dennis Anderson	Centre for Curriculum Development, Victoria
Jean Campbell	Ministry of Skills, Training and Labour, Victoria
Dr. Gordon Barnes	School of Child & Youth Care, University of Victoria
Marilyn McClaren	Vancouver Community College, King Edward Campus
Cindy Bettcher	Justice Institute, Vancouver

This publication is the product of the project's first component.

Methodology

The search for relevant materials began with a visit to the library of the Centre for Curriculum and Professional Development, Victoria, B.C. Samples of locally produced curriculum materials were loaned to the project team for review. Materials recommended by the content specialists at University College of the Fraser Valley and University College of the Cariboo were also reviewed.

A visit to the B.C. Prevention Resource Centre yielded much valuable information. The project team is indebted to the Centre for its assistance.

Contacts were initiated with colleges, universities, and private training institutions known to offer programs in this area. Detailed information regarding their programs was acquired and summarized in a common format. In addition, all colleges and universities that might be expected to offer courses and/or workshops were contacted. Names of contact persons and information regarding their offerings was solicited.

At the first meeting of the Training Advisory Committee in September 1993, the members were asked to aid in the search for relevant resources by bringing to the attention of the project team any people, programs, or other resources about which they felt the project team should seek information. Committee members were given a one-page "Give us a Lead" form to aid in the process and were encouraged to distribute the form to their colleagues. The response to this request for leads was substantial. Often these leads resulted on further leads and the search for information broadened.

A preliminary format for the inventory was presented to the Committee at their October meeting; suggestions from the Committee were incorporated and the overall format was adopted. Draft entries were sent for verification to the appropriate contact person for each program, course, and organization listed. Many contact people responded with corrections and additions. If no response was forthcoming, the project team assumed that the information was correct. Even after the verification stage, some information was not available to us. Where this is the case, the item has been marked "unknown".

Using the Inventory

Information presented in this document is current to Dec. 31, 1993. Some details such as cost and location change periodically and must be updated on a regular basis. If in doubt, contact the organization directly.

This inventory presents separate sections for programs, courses, workshops, summer institutes, print resources, audiovisual resources, organizational resources, resource people, and B.C. post-secondary institutions.

Within the **PROGRAMS** section, B.C. programs are described first. These are followed by those programs in the rest of Canada and the U.S. that are within easy travelling distance or are offered by distance delivery.

The **COURSES** section contains individual courses of study available in B.C. and other parts of Canada. Again, accessibility has been used as a criterion when choosing items for inclusion.

Within the **WORKSHOPS** section, we have listed organizations which frequently offer workshops relevant to alcohol and drug workers, with contact names and sample offerings. Offerings change from year to year; check with the contact person. Also in this section are descriptions of some generic workshops offered by more than one organization.

In the **SUMMER INSTITUTES** section, we describe three annual conference-style training events.

In both the **PRINT RESOURCES** and the **AUDIOVISUAL RESOURCES** sections, we provide the primary sources of such items and some sample items. These items are not intended to be taken as the best in the field, only as samples of the material available.

In the **TRAINING RESOURCE ORGANIZATIONS** and **RESOURCE PEOPLE** sections, we list agencies and individuals that are able to serve as resources for developing and delivering either standardized or custom-designed training sessions.

In the **B.C. POST-SECONDARY INSTITUTIONS** section are listed those public institutions which either currently offer substance abuse related continuing professional development training or may offer such training in coming years.

The **GLOSSARY OF EDUCATIONAL TERMS** clarifies the definitions we used to differentiate between programs, courses, and workshops, for example, and also defines terms used to describe training.

Finally, the **ALPHABETICAL INDEX OF ENTRIES** lists all resources included in this inventory.

PROGRAMS

Within the **PROGRAMS** section, B.C. programs are described first. These are followed by those programs in the rest of Canada and the U.S. that are within easy travelling distance or are offered by distance delivery. If information could not be obtained for a particular descriptor, that item is marked "unknown"

Programs - B.C.
Addiction Resource Worker, Northwest Community College 3
Substance Abuse Counselling Diploma Program, University College of the Fraser Valley 4
Substance Abuse Counselling Certificate Program, University College of the Fraser Valley 5
Substance Abuse Certificate Program, Vancouver Community College 6

Programs - Canada
Community Addiction Training Series, Nechi Institute on Alcohol and Drug Education 7
Advanced Counsellor Training Series, Nechi Institute on Alcohol and Drug Education 8
Native Addictions Worker Certificate Program, Nechi Institute on Alcohol and Drug Education 9
Addictions Studies Diploma, McMaster University 10
Addiction Caseworker Diploma, McMaster University 11
Chemical Dependency Worker, Saskatchewan Institute of Applied Science and Technology 12
Chemical Dependency Worker - Certificate Program, Saskatchewan Institute of Applied Science and Technology 13

Programs - United States
Certificate in Alcohol and Drug Studies, Seattle University 14
Advanced Certificate in Alcohol and Drug Studies, Seattle University 15
Chemical Dependency Education Program, Whatcom Community College 16

Ancillary Programs
Management Development for Residential Settings, Justice Institute of B.C. 17
VLES Counsellor Training Program, Victoria Life Enrichment Society 18

ADDICTION RESOURCE WORKER (began in 1987; currently under revision)

Northwest Community College **Telephone : 842-5291**
P.O. Box 338, Omineca Street
Hazelton, B.C. V0J 1Y0

Target Group People wishing to acquire basic entry level skills in the addictions field

Prerequisites

- Grade 12 completion with English 12 (or equivalent)
- current immunizations and current negative tuberculin screening
- completion of medical assessment
- completion of English Placement test
- personal resume detailing experience
- 2 references
- personal interview

Description

Content The program includes a First Nations component that promotes cultural awareness and sensitivity.
Courses include:

- Psychology 101,102, & 222
- Sociology 101, 102, & 203
- English 151
- Communications I, II, & III
- Addictions I, II, & III
- Self Management I & II
- Introduction to Computers
- Ethics & Professionalism
- Community Resources I & II
- Native Studies I, II, & III
- Group Theory & Dynamics
- Family, Health & Nutrition
- Case Management & Assessment
- Recreation Therapy

Delivery
Term I : Academic (3 months)
Term II : Academic (3 months)
Term III : Work Placement I (2 months)
Term IV : Academic (4 months)
Term V : Work Placement II (3 months)
Term VI : Academic term (2 months)

Practicum College currently investigating feasibility of Co-op placement (paid employment). If not feasible, students will have practica in terms III and V.

Sobriety Requirement 3 years

Location Hazelton campus

Frequency/Length Annual (January intake); 18 months

Cost Terms I, II, & IV - $534 each; Terms III & V - $213 each; Term VI - $427; TOTAL - $2455. Books, supplies, and living costs for work placement terms are extra.

Challenge/PLA Unknown

SUBSTANCE ABUSE COUNSELLING DIPLOMA PROGRAM

University College of the Fraser Valley **Telephone : 853-7441**
33844 King Road, RR#2
Abbotsford, B.C. V2S 4N2

Target Group People without formal academic qualifications who want to work in the addictions field (education, corrections, social services, health, etc.)

Prerequisites
- Grade 12 (or equivalent)
- reference letter
- willingness to undergo a security check
- Composition Placement Test score of 48 or greater or C or better in English 105 or Communications 155.

Description Students gain knowledge about alcohol and drug dependencies, techniques for working with clients with dependencies, and knowledge and skills related to specific client groups. Intervention skills will be developed on individual, group and family levels.

Content Courses include:
- Introduction to Social Services
- Intro. to Interpersonal Communications
- Communications for Human Services
- Human Development
- Seminar
- Morality and Ethics
- Counselling Skills
- Introductory Sociology I
- Data Manipulation Elective
- Community Treatment of Substance Abuse
- Communications II
- Approaches to Helping
- Intro. to Social Welfare
- Counselling Skills for Addictions
- Group Facilitation Skills
- Working with Addictive Families
- The Nature of Substance Abuse
- Pharmacology and Psychobiology
- Self-Care Seminars (3)
- Introduction to Psychology
- Practica (2)

Delivery Classroom based - some daytime and evening courses

Practicum One 200 hour block practicum per year; 400 hours total over 2 years

Sobriety Requirement None

Location First year offered at both Abbotsford and Chilliwack campuses; second year at Abbotsford only

Frequency/Length Yearly intake in September; 2 year program

Cost First year: courses approximately $105, practicum $210; second year: 600 level courses $300 each, practicum $300; seminars $35; textbooks extra

Challenge/PLA Yes

SUBSTANCE ABUSE COUNSELLING CERTIFICATE PROGRAM

University College of the Fraser Valley
33844 King Road, RR#2
Abbotsford, B.C. V2S 4N2

Telephone : 853-7441

Target Group People with certificates, diplomas, and degrees in allied fields

Prerequisites
- professional or para-professional credentials
- formal training in counselling skills
- willingness to undergo security check
- sustained work history (5 years)
- reference letter
- interview with program head

Description Students gain knowledge of alcohol and drug dependencies, techniques of working with clients with dependencies, and knowledge and skills related to specific client groups. Intervention skills will be developed on individual, group and family levels.

Content

Semester I : 10 weeks, October to December
Hser 600 • Counselling Skills for Addiction
Hser 610 • The Nature of Substance Abuse
Hser 627 • Self-care seminar
Semester II : 10 weeks, January to March
Hser 601 • Group Facilitation Skills
Hser 611 • Pharmacology and Psychobiology
Hser 628 • Self-care seminar
Semester III : 10 weeks, March to June
Hser 602 • Working with Addictive Families
Hser 612 • Community Treatment of Substance Abuse
Hser 629 • Self-care seminar

Hser 630 • Practicum

Delivery Classroom based - evenings

Practicum One 200 hour practicum

Sobriety Requirement Minimum four years sobriety for recovering individuals

Location Abbotsford campus

Frequency/Length Yearly intake in October; 9 months

Cost Courses are $300 each; seminars $35; textbooks extra

Challenge/PLA Yes

SUBSTANCE ABUSE CERTIFICATE PROGRAM (began 1987)

Vancouver Community College
Continuing Education Division
1155 East Broadway, Box 24785, Station F
Vancouver, B.C. V5N 5V2

Telephone : 871-7064
Fax : 871-7300

Target Group

Adults who work in the substance abuse field; have had training/experience in social services/substance abuse; have experience in general counselling and want a specific focus in substance abuse; are working on a career change into the substance abuse field

Prerequisites

- Grade 12
- good knowledge of English
- relevant experience in social services
- completion of VCC's Basic Counselling Skills I course
- maturity and emotional stability
- satisfactory completion of entrance interview

Description

Content

Orientation Workshop (12 hours)
Courses:
- Introduction to Substance Abuse (27 hours)
- Drugs and Human Behaviour (15 hours)
- Individual Counselling Skills for Substance Abuse (36 hours)
- Group Counselling Skills for Substance Abuse (36 hours)
- Family Counselling Skills for Substance Abuse (36 hours)
- Assessment, Referral, and Community Resources for Substance Abuse (36 hours)
- Practicum (60 hours)

Delivery

Evening program designed for part-time learner; courses are delivered in sequence as listed above

Practicum

60 hours

Sobriety Requirement 3 years

Location

King Edward Campus/City Centre Campus

Frequency/Length

Twice annually with intake in April and September; normally completed in 5 semesters or 18 calendar months

Cost

12 hour course $75; 15 hour course $110; 27 hour course $190; 36 hour course $240; practicum $200

Challenge/PLA

No

COMMUNITY ADDICTION TRAINING SERIES

Nechi Institute on Alcohol and Drug Education
P.O. Box 34007, Kingsway Mall Post Office
Edmonton, Alberta T5G 3G4

Telephone : (403) 458-1884

Target Group Individuals working with native peoples

Prerequisites Unknown

Description Program accredited for 6 credits through University of Alaska, Anchorage

Content Modules:
Orientation and Communication
- Alcoholism - Addictions
- Alcoholism - Family Disease
- Alcoholism - Assessment and Intervention
- Alcoholism - Treatment
- Alcoholism - Aftercare
- Personal Growth
- Alcoholism - Prevention

Delivery Experiential, residential; students are required to live on site

Practicum Unknown

Sobriety Requirement One year

Location Nechi Institute

Frequency/Length Annually; one week (5 days) per month for 8 months

Cost 8 modules $500 each; sponsorship is provided for students employed by NNADAP funded agencies

Challenge/PLA Unknown

ADVANCED COUNSELLOR TRAINING SERIES

Nechi Institute on Alcohol and Drug Education **Telephone : (403) 458-1884**
P.O. Box 34007, Kingsway Mall Post Office
Edmonton, Alberta T5G 3G4

Target Group Individuals working with native peoples

Prerequisites Successful completion of Community Addiction Training series

Description Program accredited for 6 credits through University of Alaska, Anchorage

Content Modules:
- One to One Counselling
- Family Dynamics
- Group Dynamics
- Suicide Prevention and Grieving
- Culture and Traditional Values

Delivery Experiential, residential; students are required to live on site

Practicum Unknown

Sobriety Requirement One year

Location Nechi Institute

Frequency/Length Annually; one week (6 days) per month for 5 months

Cost 6 modules $500 each; sponsorship is provided for students employed by NNADAP funded agencies

Challenge/PLA Unknown

NATIVE ADDICTIONS WORKER CERTIFICATE PROGRAM

Nechi Institute on Alcohol and Drug Education **Telephone : (403) 458-1884**
P.O. Box 34007, Kingsway Mall Post Office
Edmonton, Alberta T5G 3G4

Kenyano College
8115 Franklin Avenue
Fort McMurray, Alberta T9H 2H7

Target Group Individuals working with native peoples

Prerequisites
- high school completion
- mature students may be admitted based on reading and writing skills test
- completion of Nechi's Community Addiction Training and Advanced Counsellor Training series taken after 1987

Description Students receive advanced standing for completion of Nechi's basic and advanced counsellor training series. They then complete the following courses.

Content Kenyano College courses:
- Communications
- Community Facilitation and Prevention
- Family Counselling
- Physiology and Pharmacology of Addictions
- Group Counselling

Delivery Experiential, residential; students are required to live on site

Practicum Unknown

Sobriety Requirement One year

Location Nechi Institute

Frequency/Length Annually; 6 days per month for 6 months (equivalent to 2 college semesters)

Cost $3000 includes room and board for 5 Kenyano College courses; sponsorship provided for students employed by NNADAP funded agencies

Challenge/PLA Unknown

ADDICTION STUDIES DIPLOMA (since 1981)

McMaster University
Centre for Continuing Education
Commons - 116, McMaster University
Hamilton, Ontario L8S 4K1

Telephone : (905) 525-9140

Target Group Mature students welcome

Prerequisites Submission of letter outlining: previous training and experience in the helping field; personal assessment of learning needs; why this program will meet needs.

Description

Content All courses are elective.
Two basic courses are recommended:
- Introduction to Substance Use and Abuse
- Skills of Helping - Introduction

The remaining 4 courses are chosen in consultation with an advisor.

Delivery Courses are offered by correspondence, block (3-5 day intensive), and lecture.
Credits earned by attendance at the 6-day Institute on Addiction Studies Conference sponsored by Concerns, Canada may be counted for credit.
Some correspondence courses offered in conjunction with ARF.
Some block courses offered only by ARF.
McMaster is willing to broker courses locally.

Practicum Unknown

Sobriety Requirement Unknown

Location Individual courses available at Hamilton campus, various Ontario centres, or by correspondence

Frequency/Length Correspondence courses always available, others offered on rotation; 6 courses of 25 hours each; normally students are required to complete within two years of commencement.

Cost Non-refundable registration fee of $40 plus course fees as follows: Correspondence - $225; Lecture - $195; Block - $325; books extra

Challenge/PLA No

ADDICTION CASEWORKER DIPLOMA (new in 1993)

McMaster University
Centre for Continuing Education
Commons - 116, McMaster University
Hamilton, Ontario L8S 4K1

Telephone : (905) 525-9140

Target Group People beginning their education, wishing to pursue AIA certification

Prerequisites Submission of letter outlining: previous training and experience in the helping field; personal assessment of learning needs; why this program will meet needs.

Description The program covers the core competency training required by the AIA.

Content Students must take 6 core courses as follows:
- Introduction to Substance Use and Abuse
- Pharmacology
- Case Management and Record Keeping
- and 3 of:
  - Skills of Helping - Introduction
  - Skills of Helping - Advanced
  - Special Issues in Addictions Counselling
  - Group work in Addictions

PLUS 3 skill electives and 3 general electives

Delivery Courses are offered by correspondence, block (3-5 day intensive), and lecture.
Credits earned by attendance at the 6-day Institute on Addiction Studies Conference sponsored by Concerns, Canada may be counted for credit.
Some correspondence courses offered in conjunction with ARF.
Some block courses offered only by ARF.
McMaster is willing to broker courses locally.

Practicum Unknown

Sobriety Requirement Unknown

Location Individual courses available at Hamilton campus, various Ontario centres, or by correspondence

Frequency/Length Correspondence courses always available, others offered on rotation; 12 courses of 25 hours each.

Cost Non-refundable registration fee of $40 plus course fees as follows: Correspondence - $225; Lecture - $195; Block - $325; books extra

Challenge/PLA Credits may be transferred from another educational institution under certain circumstances (to a maximum of 100 hours).

CHEMICAL DEPENDENCY WORKER

Saskatchewan Institute of Applied Science and Technology **Telephone : (306) 953-7000**
P.O. Box 3003
Prince Albert, Saskatchewan S6V 6G1

Target Group New students or experienced addiction workers

Prerequisites
- 17 years of age
- successful completion of basic skills test and assessment interview
- completion of autobiography and program rationale (4 essay questions)

additional criteria currently under development

Description

Content Topics include:
- performing administrative functions (5 competencies)
- using communication techniques (15 competencies)
- using counselling skills (19 competencies)
- mobilizing and developing the community (18 competencies)
- managing personal and career development (8 competencies)
- completing practica (5 competencies)
- classifying chemicals (7 competencies)
- identifying individual chemical components (23 competencies)
- identifying the effects of chemical abuse (19 competencies)

Students obtain St. John's Ambulance First Aid and CPR Basic Rescuer course certificates upon completion of program.

Delivery Individualized, competency based

Practicum 22 weeks

Sobriety Requirement Two years continuous prior to program entry

Location Woodland campus, Prince Albert

Frequency/Length Regular intakes once or twice per year; approximately 80 weeks depending on student's performance rate

Cost Tuition: $2080 for total program plus $26 for each additional week
Books & Supplies: $1147 for total program plus $1.40 for each additional week

Challenge/PLA Unknown

CHEMICAL DEPENDENCY WORKER - CERTIFICATE PROGRAM

Saskatchewan Institute of Applied Science and Technology **Telephone : (306) 953-7000**
P.O. Box 3003
Prince Albert, Saskatchewan S6V 6G1

Target Group New students or experienced addiction workers

Prerequisites
- 17 years of age
- successful completion of basic skills test and assessment interview
- completion of autobiography and program rationale (4 essay questions)

additional criteria currently under development

Description

Content Topics include:
- performing administrative functions (1 competency)
- using communication techniques (9 competencies)
- using counselling skills (10 competencies)
- mobilizing and developing the community (18 competencies)
- managing personal and career development (4 competencies)
- completing practica (0 competencies)
- classifying chemicals (7 competencies)
- identifying individual chemical components (23 competencies)
- identifying the effects of chemical abuse (19 competencies)

Students obtain St. John's Ambulance First Aid and CPR Basic Rescuer course certificates upon completion of program.

Delivery Individualized, competency based

Practicum Unknown

Sobriety Requirement Two years continuous prior to program entry

Location Woodland campus, Prince Albert

Frequency/Length Offered in conjunction with NNADAP on an extension basis - contact Registrar for details; approximately 52 weeks in length

Cost Tuition: $1352 for total program plus $26/week for each additional week
Books & Supplies: $1004 for total program plus $1.40 for each additional week

Challenge/PLA Unknown

CERTIFICATE IN ALCOHOL AND DRUG STUDIES

Seattle University
Broadway and Madison
Seattle, Washington 98122-4460

Telephone : (206) 296-6000

Target Group Unknown

Prerequisites
- 2 years of previous college work recommended
- must meet regular university entrance requirements

Description Meets the academic requirements for professional certification as a Chemical Dependency Counselor in the State of Washington

Content Required courses:
- Survey of Alcoholism (3 credits)
- Pharmacology/Physiology of Alcohol Use (2 credits)
- Counselling-Alcohol and Drugs (4 credits)
- Field Experience 1 (3 credits)
- Field Experience 2 (3 credits)
- Group Dynamics in Treatment (2 credits)
- Case Management and Assessment (2 credits)
- Addiction and the Family (2 credits)
- Drug Abuse 1: Social Aspects (2 credits)
- Drug Abuse 2: Physiological Aspects (2 credits)

Courses may also be counted towards Bachelors and Masters degrees

Delivery Evening classes designed for part-time study
Some courses offered in the summer as intensive seminars

Practicum Yes

Sobriety Requirement Two years

Location Seattle campus

Frequency/Length Annually with intakes every quarter; 1 to 1.25 years

Cost $223 (US) per credit hour; 25 credits = $5575 (US); textbooks extra

Challenge/PLA Unknown

ADVANCED CERTIFICATE IN ALCOHOL AND DRUG STUDIES

Seattle University **Telephone : (206) 296-6000**
Broadway and Madison
Seattle, Washington 98122-4460

Target Group Unknown

Prerequisites Unknown

Description Meets the academic requirements for professional certification as a Chemical Dependency Counselor (Level II) in the State of Washington

Content Required courses:
- The Law and Alcohol (2 credits)
- Advanced Counselling (2 credits)
- Addiction and Mental Illness (2 credits)
- Intervention Techniques (2 credits)
- Ethics for Addiction Professionals (2 credits)
- Electives (6 credits)

Courses may also be counted towards Bachelors and Masters degrees

Delivery Evening classes designed for part-time study
Some courses offered in the summer as intensive seminars

Practicum Unknown

Sobriety Requirement Two years

Location Seattle campus

Frequency/Length Unknown

Cost $223 (US) per credit hour; 16 credits = $3568 (US); textbooks extra

Challenge/PLA Unknown

CHEMICAL DEPENDENCY EDUCATION PROGRAM

Whatcom Community College
237 Kellogg Road
Bellingham, Washington 98226

Telephone : (206) 676-2170

Target Group People who wish to meet the Washington state requirements for qualification as a chemical dependency worker

Prerequisites
- successful completion of Human Services 220 - Etiology and Treatment
- letters of reference
- personal evaluation
- verification of length of sobriety

Description

Content 24 credits, 12 of which must come from the following:
- HS 220: Etiology and Treatment (3 credits)
- HS 223: Pharmacology & Physiology of Chemical Dependency (3 credits)
- HS 221: Chemical Dependency Counseling (4 credits)
- HS 228: Case Management (4 credits)
- HS 227: Group Facilitation (4 credits)
- HS 229: Family Disease (3 credits)
- plus HIV/AIDS Training

Delivery Classroom-based

Practicum 2000 hours supervised in a certified facility

Sobriety Requirement Two years

Location Bellingham campus

Frequency/Length Two intakes annually;

Cost
- For non-residents $148 (US) per credit
- For 10 - 18 credits $1480
- More than 18 credits $1480 for the first 18, PLUS $143.25 for each additional credit

Challenge/PLA Yes

MANAGEMENT DEVELOPMENT FOR RESIDENTIAL SETTINGS (Certificate Program)

Justice Institute of B.C.
4180 West 4th Avenue
Vancouver, B.C. V6R 4J5

Telephone : 222-7224

Target Group Supervisors and managers who work in residential settings

Prerequisites Must have current supervisory experience

Description

Content Core courses cover:
- basic supervisory skills
- planning, performance reviews, and leadership styles
- legal issues and ethical standards; stress management
- labour/management relations
- problem-solving and decision-making
- recruiting staff
- financial management and budgeting
- emergency procedures for a residential setting

Delivery All core courses are presented as 2-day sessions at the Justice Institute

Practicum None

Sobriety Requirement None

Location 4th Avenue campus, some courses offered in Victoria

Frequency/Length Regular, ongoing program; 20 days, composed of 8 two-day core courses plus 4 classroom days of Justice Institute electives

Cost Core courses are $155 each ($1240) plus cost of electives

Challenge/PLA No

VLES COUNSELLOR TRAINING PROGRAM

Victoria Life Enrichment Society
211 - 101 Island Highway
Victoria, B.C. V9B 1E8

Telephone : 381-4343

Target Group People employed in or engaged in formal study towards work in the helping professions

Prerequisites Unknown

Description

Content
Phase I : Selection - includes personal interview
Phase II : Residential (Weeks 1-4) - trainee participates as member of VLES therapy group
Phase III : Theory and Assessment - seminars and assignments
Study Week #1 (Week 5)
Study Week #2 (Week 10)
Phase IV : Practice Phase - practical application under the supervision of a trained counsellor
Co-therapist 1 (Weeks 6-9)
Co-therapist 2 (Weeks 11-14)

Delivery Initial residential phase followed by study and supervised practice sessions

Practicum 8 weeks of program are essentially practicum

Sobriety Requirement Two years

Location VLES Facility housed in the Craigflower Motel, Gorge Waterway, Victoria

Frequency/Length 14 weeks

Cost $2220 (includes tuition, materials, and accommodation for residential component)

Challenge/PLA Unknown

Additional Notes Students who complete VLES Counsellor Training may be granted up to 16 credits towards the Social Service Worker Certificate at Camosun College in Victoria

COURSES

The **COURSES** section contains individual courses of study available in B.C. and elsewhere in Canada. Accessibility has been used as a criterion when choosing items for inclusion.

Courses - B.C.
Addictions and Mental Health: Working with the Dual Diagnosis Client, Douglas College 21
Alcohol and Drug Counselling Skills, Counsellor Training Institute Ltd. (CTI) 22
Child Sexual Abuse Intervention, Justice Institute of B.C. 23
Drugs and Behaviour, Simon Fraser University 24
Introduction to Substance Abuse, University College of the Fraser Valley 25
Addiction Medicine and Intercollegial Responsibility, UBC Faculty of Medicine 26
Perspectives on Substance Abuse, University of Victoria 27
Intervention Models and Strategies for Dealing with Substance Abuse, University of Victoria 28

Courses - Canada
Overview of Alcohol and Drug Law, Addiction Research Foundation 29
Pharmacology and Drug Abuse, Addiction Research Foundation 29
Fundamental Concepts in Addictions, Addiction Research Foundation 30
Youth and Drugs, Addiction Research Foundation 30

ADDICTIONS AND MENTAL HEALTH : WORKING WITH THE DUAL DIAGNOSIS CLIENT

Douglas College **Telephone : 527-5476**
Continuing Education
Health Education Centre
Box 2503, 700 Royal Avenue
New Westminster, B.C. V3L 5B2

Target Group People with a background in counselling, mental health or the behavioural sciences; addictions workers

Prerequisites None

Description

Content
Module 1 : Introduction to Dual Diagnosis
Module 2 : Alcohol and Drug Concepts for Mental Health Workers
Module 3 : Alcohol and Drug Concepts for Mental Health Workers
Module 4 : Dual Diagnosis Groups
Module 5 : Intervening for Dual Diagnosis Clients

Delivery Evening classes

Location New Westminster Campus

Frequency/Length 5 modules of 2 evenings each, spread over 3 months

Cost $50 per module

Challenge/PLA No

Distance Delivery Not available

Additional Note A new Mental Health Worker program is in the planning stages

ALCOHOL AND DRUG COUNSELLING SKILLS

Counsellor Training Institute Ltd. (CTI) **Telephone : 683-2442**
Ste. 203, #1 Alexander Street
Vancouver, B.C. V6A 1B2

Target Group Persons wishing to become counsellors

Prerequisites Counsellor Training Course, also offered by CTI

Description

Content
- types of chemical addiction
- motivating the individual to seek help and utilizing family intervention
- cognitive-behavioural approaches
- relapse prevention
- clinical assessment
- residential programs and aftercare

Delivery May be taken as a correspondence course or on-site as a 5 day intensive course.

Practicum 400 hour placement required at end of course for course credit

Sobriety Requirement Unknown

Location Various - contact CTI

Frequency/Length Regular offering; 3 months by correspondence or 5 days on-site

Cost $500 by correspondence; $600 on-site; practicum $300

Challenge/PLA Unknown

Part of a Program To achieve a specialization certificate in alcohol and drug counselling the student must complete the components below in addition to the course listed above:
- Certificate of Counselling Studies (3 courses)
- Certificate of Individual Counselling (practicum course)
- Counselling Practice Development
- Qualifying Examination
- Couple and Family Counselling Skills
- Psychological Testing
- Clinical Supervision and Practice Building

Total cost will vary but will not be less than $4700

CHILD SEXUAL ABUSE INTERVENTION

Justice Institute of B.C.
Interdisciplinary Studies
4180 West 4th Avenue
Vancouver, B.C. V6R 4J5

Telephone : 222-7224

CHILD SEXUAL ABUSE INTERVENTION : A TRAINING PROGRAM FOR PRACTITIONERS (Children and Youth Option; Adult Survivor Option)

Target Group	Counsellors and Therapists who are working in a treatment context with sexually abused children and/or adult survivors of sexual abuse
Prerequisites	Resumé
Description	Training focuses on principles of practice, demonstrates intervention skills, model treatment approaches, and developing interdisciplinary networking.
Location	Various - contact Justice Institute
Frequency/Length	Twice per year; 14 days (Children and Youth Option); 12 days (Adult Survivor Option)
Cost	$735 (Children and Youth Option); $700 (Adult Survivor Option)

CHILD SEXUAL ABUSE INTERVENTION : ADULT SURVIVOR OPTION - ADVANCED LEVEL

Target Group	Experienced clinicians working with adult survivors of child sexual abuse
Prerequisites	People who have completed basic level program will have priority registration
Description	
Content	• different clinical approaches • the value of linking various approaches • socio-cultural, gender, and intergenerational issues
Delivery	4 days followed by two 3-day sessions spread over 5 weeks
Location	Various - contact Justice Institute
Frequency/Length	11 days
Cost	$750

DRUGS AND BEHAVIOUR (PSYC 383-3)

Simon Fraser University
Psychology Department
Burnaby, B.C. V5A 1S6

Telephone : 291-3354

Target Group Undergraduate students

Prerequisites PSYC 100 and 102; and PSYC 201

Description

Content A survey of the field of psychopharmacology - the study of how drugs affect the brain, consciousness, and behaviour. Topics will include cellular effects of drugs and consequences for psychological functions and social behaviour. Theories of addiction and treatments for drug abuse will be covered as well as legal and societal issues in the area of drug regulation. History and research regarding both legal and illegal substances will be included, as will drug treatments for mental illness.

Delivery Lecture and lab

Location Burnaby campus

Frequency/Length One semester

Cost $68 per semester hour

Challenge/PLA Normal SFU challenge procedure

Part of a Program No

INTRODUCTION TO SUBSTANCE ABUSE - Human Services 294

University College of the Fraser Valley **Telephone : 853-7441**
33844 King Road, RR#2
Abbotsford, B.C. V2S 4N2

Target group Students in human service programs, para-professionals who wish an introduction to the field

Prerequisites Psychology 101 and Hser 120 (Interpersonal Communications) or equivalent

Description This is an introductory course designed to give the para-professional a working knowledge of the nature and extent of substance abuse. Topics examined include an overview of commonly abused substances, a review of the history of chemical dependence, a discussion of patterns of abuse, the social (familial and work) costs of abuse, specific drugs which are commonly abused, and the treatment and prevention of substance abuse. A particular focus will be on the abuse of alcohol. The goal of the course is basically to make students aware of the nature of substance abuse and treatment available.

Content
- physiological and psychological effects of alcohol
- physiological and psychological effects of marijuana and hashish, stimulants, cocaine and other stimulants, narcotics and tobacco.
- patterns of drug use and misuse
- social and family costs of addiction
- treatment modalities in general for drug/alcohol misuse
- treatment modalities available in British Columbia
- role of prevention and educational programs in the field
- drug use patterns among specific groups (women, natives, adolescents, seniors, ethnic groups)

Delivery Classroom based, 3 hours per week for 14 weeks

Location Abbotsford and Chilliwack campuses

Frequency/Length Twice yearly, 45 hours over 14 weeks

Cost Approximately $105, textbook extra

Challenge/PLA Yes

Part of a Program Social Services Diploma program

ADDICTION MEDICINE AND INTERCOLLEGIAL RESPONSIBILITY (AMIR)

UBC Faculty of Medicine
204 - 2075 Wesbrook Mall
Vancouver, B.C. V6T 1Z1

Telephone : 875-2037

Target Group Medical students

Prerequisites First two years of INDE 477 are prerequisites for INDE 427

Description

Content

INDE 477
- Attitudes, addiction, and communication (INDE 401)
- Substance use disorders and the family system (Beh. Med. 401)
- Attitudinal barriers to patient care (Fam. Prac. 401)
- Adolescent substance abuse (Pediatrics)
- Neural substrates of addiction (Neurosciences)
- Addiction: The clinical syndrome (Psychiatry 450)
- Management of hospitalized SUD patients (MSI Orientation)
- Clinical Skills (MSI Psychiatric Rotation)
- Community based addiction medicine (MSI elective)
- Intercollegial responsibility

INDE 427
- Theories of addiction
- Drugs of Abuse: Pharmacology and Pathophysiology
- Addiction Medicine: The Role of the Physician
- The Community Based Treatment Team/Special Needs of Patients
- Physician Impairment, Intervention and Recovery

Delivery Classroom-based. Clinical placements for the third and fourth years of INDE 477 are currently being developed.

Location Point Grey campus

Frequency/Length Regular offering

Cost Not offered separately - included in tuition

Additional Note Part of UBC medical school curriculum

PERSPECTIVES ON SUBSTANCE ABUSE (First offered Sept. 1993)

University of Victoria
School of Child and Youth Care
P.O. Box 1700
Victoria, B.C. V8W 2Y2

Telephone : 721-7988
Fax : 721-7067

Target Group Individuals who are studying in a helping professions field at the senior undergraduate or college diploma level or are working in the helping professions with experience but no previous training

Prerequisites English 100 or equivalent first year English course

Description

Content Course materials consist of study guide, manual, text(s), readings, audio tapes &/or videotapes. Students will develop a personal learning journal and need 1 or more "study partners" to complete the course.
List of units:
- Introduction
- Perspective on Health
- Historical, Social and Cultural Perspectives on Substance Abuse
- Perspectives that Attempt to Account for Substance Abuse
- Perspectives on Substance Abuse and the Supporting Evidence
- Pharmacological Perspectives: Relevant Information About Drugs
- The Impact of Substance Abuse: A Look at Problem Indicators in the Individual
- The Impact of Substance Abuse: A Look at Problem Indicators in the Family
- The Impact of Substance Abuse: A Look at Problem Indicators in Communities
- Perspectives on Substance Use and Abuse within Certain Sub-Groups
- Identifying Your Perspective on Substance Abuse for the purpose of Establishing a Working Hypothesis
- Evaluation
- Course completion

Delivery Developed for distance education (independent, multi-media, off-campus study); also to be available in face-to-face format

Location Victoria campus by distance education

Frequency/Length One semester course, regular offering

Cost Unknown

Challenge/PLA Challenge available - contact University of Victoria

INTERVENTION MODELS AND STRATEGIES FOR DEALING WITH SUBSTANCE ABUSE (available April, 1994)

University of Victoria
School of Child and Youth Care
P.O. Box 1700
Victoria, B.C. V8W 2Y2

Telephone : 721-7988
Fax : 721-7067

Target Group Individuals who are studying in a helping professions field at the senior undergraduate or college diploma level or are working within the helping professions with experience but no previous training

Prerequisites Successful completion of Perspectives on Substance Abuse course (see p. 27)

Description

Content Course materials consist of study guide, manual, text(s), readings, audio tapes &/or videotapes. Students will develop a personal learning journal and need 1 or more "study partners" to complete the course.
List of units:
- Introduction
- Contemplating Change
- Prevention
- The Transtheoretical Model of Change: Its Components
- The Transtheoretical Model of Change: How It Works
- The Integrated Model of Change
- How the Integrated Model of Change Works
- Applying the Integrated Model: Responding to Subgroup Characteristics
- The Integrated Model and the Context for Helping
- Applying the Integrated Model: Responding to Individuals
- Applying the Integrated Model: Responding to Families
- Applying the Integrated Model: Responding to Communities
- Your personal response to the IMC as an effective tool in responding to issues relating to Substance Abuse
- Evaluation

Delivery Developed for distance education delivery (independent, multi-media, off-campus study); also to be available in face-to-face format

Location Victoria campus by distance education

Frequency/Length One semester course

Cost Unknown

Challenge/PLA Prerequisite course can be challenged

ADDICTION RESEARCH FOUNDATION COURSES

Addiction Research Foundation
Training and Education
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6020

OVERVIEW OF ALCOHOL AND DRUG LAW

Target Group Addictions workers

Course Content
- introduction to drugs and the legal system
- federal drug laws and their enforcement
- federal and provincial drinking and driving law
- provincial regulation of alcohol distribution and consumption
- civil liability for the conduct of the intoxicated
- criminal procedure and criminal records
- the Young Offenders' Act
- the Canadian Charter of Rights and Freedoms

Delivery **Distance delivery only**

Frequency/Length once per year; 12 weeks by distance delivery

Cost $280

PHARMACOLOGY AND DRUG ABUSE

Target Group Addictions workers

Course Content
- basic principles of pharmacology
- mechanisms of drug action
- pharmacokinetics
- tolerance and dependence
- dependence liability
- therapeutic and toxic effects of specific psychoactive drugs

Delivery **Distance delivery only**

Frequency/Length twice per year; 12 weeks by distance delivery

Cost $280

ADDICTION RESEARCH FOUNDATION COURSES, continued

FUNDAMENTAL CONCEPTS IN ADDICTIONS

Target Group Addictions workers

Course Content Introductory course covers:

- conceptual framework
- pharmacological factors
- treatment approaches
- drug related illnesses
- social policy perspectives
- social and cultural predictors
- drugs and the law
- self-help groups
- youth and drugs
- prevention and health promotion

Delivery **Distance delivery and summer institute**

Frequency/Length Distance delivery: twice per year, 12 weeks; summer institute: once per year, 5 days

Cost $350

YOUTH AND DRUGS

Target Group Addictions workers

Course Content Based on **Youth and Drugs - An Education Package**
Topics include:

- adolescents at risk
- basic drug concepts
- counsellor attitudes
- motivational counselling
- functional analysis of substance abuse
- treatment planning
- methods of promoting positive change in drug use and other life areas

Delivery **Distance delivery and summer institute**

Frequency/Length Distance delivery: once per year, 12 weeks; summer institute: once per year, 3 days

Cost $210, course materials extra

WORKSHOPS

The **WORKSHOPS** section lists organizations which frequently offer workshops relevant to alcohol and drug workers, with contact names and sample offerings. Offerings change from year to year; check with the contact person for current workshops. Also in this section are descriptions of some generic workshops offered by more than one organization.

Workshop Organizers

Alberta Alcohol and Drug Commission (AADAC) 33
Douglas College 34
Justice Institute of B.C. 35
Malaspina College 36
Nechi Institute 39

Generic Workshops

Addiction Counselling Training (ACT), Addiction Research Foundation 40
Intervention: How to Help Someone Who Doesn't Want Help, Johnson Institute 41

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

Training and Professional Development
7th Floor, Pacific Plaza Building
10909 Jasper Avenue
Edmonton, Alberta T5J 3M9

Telephone : (403) 427-7305

Sample offerings

Workshop Title	**Advanced Pharmacology**
Frequency/Length	2 days
Registration Fee	$97.00
Location	Alberta various - contact AADAC
Remarks	Intended for human service professionals who have basic pharmacology knowledge

Workshop Title	**Case Management**
Frequency/Length	2 days
Registration Fee	$130
Location	Alberta various - contact AADAC

Workshop Title	**Consulting and Collaborating with Community Groups**
Frequency/Length	2 days
Registration Fee	$130
Location	Alberta various - contact AADAC

Workshop Title	**Rural Issues in Treatment**
Frequency/Length	2 days
Registration Fee	$130
Location	Alberta various - contact AADAC

DOUGLAS COLLEGE

Continuing Education, Health Education Centre
700 Royal Avenue,
New Westminster, B.C. V3L 5B2

Telephone : 527-5047

Contact Rosemarie Fournier

Sample offerings

Workshop Title	**Youth and Drugs I & II (2-day option)**
Frequency/Length	2-day session
Registration fee	$135
Remarks	Courses developed by ARF Youth & Drugs I is prerequisite to Youth & Drugs II

Workshop Title	**Fetal Alcohol Syndrome: Exploring the Issues and Effects**
Frequency/Length	1 evening
Registration fee	$20
Remarks	Co-sponsored with Society for Special Needs Adoptive Parents This is part of a two-part series (see below). It is recommended that participants take both evening sessions in sequence.

Workshop Title	**Fetal Alcohol Syndrome: Developmental and Psycho-Educational Characteristics of Fetal Alcohol Children**
Frequency/Length	1 evening
Registration fee	$20
Remarks	This is part of a two-part series (see above). It is recommended that participants take both evening sessions in sequence.

Workshop Title	**Alcohol Counselling**
Frequency/Length	1 day
Registration fee	$55
Remarks	Designed to assist health, human and justice service workers to assess and counsel clients with alcohol-related problems.

JUSTICE INSTITUTE OF B.C.

Interdisciplinary Studies
4180 West 4th Ave.
Vancouver, B.C. V6R 4J5

Telephone : 222-7224

Contact Cindy Bettcher

Interdisciplinary Studies offers a range of contract and continuing professional education programs to government personnel, staff working in social services, justice and public safety-related organizations and agencies, and persons working in the non-profit and voluntary sector As well, Interdisciplinary Studies responds to requests to develop competency based curriculum, specially designed in-house staff training, program development and conference management.

Sample offerings

Workshop Title	**Working with Assaultive, Intoxicated, or Substance Abusing Adolescents**
Frequency/Length	2 days, once or twice per year
Registration fee	$165
Location	4th Ave. campus
Remarks	Also offered in general form "Working with assaultive, intoxicated, or substance abusing *clients*"

Workshop Title	**An Exploration of Fetal Alcohol Syndrome: Implications for Practice**
Frequency/Length	1 day; occasional offering
Registration fee	$95
Location	4th Ave. campus
Remarks	Co-sponsored with the Society of Special Needs Adoptive Parents

Workshop Title	**Solution-Focused Family Counselling with the Substance Abuser**
Frequency/Length	2 days; occasional offering
Registration fee	$175
Location	4th Ave. campus

MALASPINA COLLEGE

900 Fifth Street,
Nanaimo, B.C. V9R 5S5

Telephone : 753-3245

Contact Sharon Steyve **local 2390**

Malaspina College has developed a two-year diploma program which has been approved but not yet funded. However, they do offer a non-credit certificate program consisting of 1- and 2-day workshops, not for addictions counsellors per se but for workers in the education, health and social services whose work brings them into contact with individuals and families who are affected by substance abuse. Participants who take the 4 core workshops plus one other receive a certificate.

Sample offerings

Workshop Title	**Fundamentals of Substance Abuse**
Frequency/Length	1-day
Registration fee	Unknown
Remarks	Content: • Information about physical and psycho-social problems associated with alcohol and drug abuse • Precipitating and pre-disposing factors • Signs, symptoms, and stages of chemical dependency • Research into cases of alcoholism

Workshop Title	**Substance Abuse: Assessment and Referral**
Frequency/Length	1 day
Registration fee	Unknown
Remarks	Content: • Process of assessment and referral • Gathering information • How to ask effective questions • Broaching the subject of substance abuse with the client • Denial and dealing with denial • Effective use of community resources

MALASPINA COLLEGE WORKSHOPS, continued

Workshop Title	**Basic Pharmacology and Medical Aspects of Chemical Dependency**
Frequency/Length	1/2 day
Registration fee	Unknown
Remarks	Content: • Types of drugs • Drug use and short and long term effects • Indicators of drug use • Most commonly used drugs • Withdrawal symptoms, interactive effects, etc.

Workshop Title	**Codependency and Family Issues**
Frequency/Length	2 days
Registration fee	Unknown
Remarks	Content: • Effects of substance abuse on family • Characteristics, dynamics, and behaviour patterns of families affected by substance abuse • Roles and rules within the family • Codependency issues

Workshop Title	**Substance Abuse: Prevention Strategies**
Frequency/Length	1 day
Registration fee	Unknown
Remarks	Content: • Health promotion model of prevention • Community initiatives and prevention strategies • Community mobilization • Skill development within the education system • Planning prevention programs • Levels of prevention • Prevention of relapse

MALASPINA COLLEGE WORKSHOPS, continued

Workshop Title	**Working with Adult Children of Alcoholics**
Frequency/Length	1 day
Registration fee	unknown
Remarks	Covers: • Safety issues for educators and counsellors • Screening • Case study • Cognitive versus affective content • Cycle of resistance and barriers to recovery • Delayed grief

NECHI INSTITUTE

Box 34007, Kingsway Mall Post Office
Edmonton, Alberta T5G 3G4

Telephone : (403) 458-1884

Sample offerings

Workshop Title	**Adult Children of Alcoholics Module**
Frequency/Length	5 days
Registration fee	$500 (includes room and board)
Location	Nechi Institute, Edmonton - residential
Remarks	**1 year sobriety required** Objectives of this workshop are to: • define "adult child" • examine the types of dysfunctional family systems • examine family roles of ACOAs and impact on adulthood • examine family rules experienced by ACOAs • examine double messages experienced by ACOAs • examine traits displayed by ACOAs • examine the dynamics of chronic shock • examine co-dependency • examine the recovery stages of ACOAs • examine the treatment for ACOAs

ADDICTION RESEARCH FOUNDATION

Marketing, Catalogue Orders
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : 416-595-6059
or 1-800-661-1111

Contact unknown

The ARF course Addiction Counselling Training is offered by several B.C. post-secondary institutions including: Douglas College; Northern Community Business College; University College of the Cariboo; University College of the Okanagan; and East Kootenay College.

Workshop Title	**Addiction Counselling Training**
Frequency/Length	4 - 5 days
Registration fee	Will vary according to site
Location	As noted above
Remarks	**2 years sobriety required** Topics and activities include: • counselling/communication skills • reflective counselling skills • directive counselling skills • practical drug concepts • drug terms and groups • hazards • risk indicators • case applications • initial interview methods • assessment • the interview • assessment documentation • treatment planning strategies • functional analysis • major modalities • matching • continued care/management

JOHNSON INSTITUTE

7205 Ohms Lane
Minneapolis, Minnesota 55439-2159

Telephone : (612) 831-1630

Contact Kathy Graf

This Johnson Institute course is offered by several local colleges including Douglas College, and by other interested groups. Contact the Johnson Institute or Douglas College for more information.

Workshop Title	**Intervention: How to Help Someone Who Doesn't Want Help**
Frequency/Length	2 days
Location	Various - see above
Remarks	Topics/Activities • Johnson Institute model of pre-intervention, intervention, and post-intervention • intervention process • symptoms of chemical dependence and co-dependence • gathering assessment data • cooperating with community resources • using community resources • intervention in the workplace • intervention in the criminal justice system • intervention with adolescents and families

SUMMER INSTITUTES

The **SUMMER INSTITUTES** section describes three annual conference-style training events.

Summer Institutes

Pacific Institute on Addiction Studies, Alcohol-Drug Education Service and Concerns Canada 45
Current Issues in Chemical Dependency Summer School, University of Manitoba 46
Addiction Research Foundation Summer Institute in Addiction Studies 47

PACIFIC INSTITUTE ON ADDICTION STUDIES

ADES and Concerns Canada
Alcohol-Drug Education Service
#212 - 96 East Broadway
Vancouver, B.C. V5T 1V6

Telephone : 874-3466
Fax : 874-0903

Contact Art Steinmann

Target Group People working in the field of addiction

Description This is an annual intensive conference hosted by Alcohol-Drug Education Services and Concerns Canada. It consists of plenary sessions, seminars, speakers, mini-courses and interaction groups.

Delivery Delivered in residential conference style. Changes in the conference style this year will allow for commuters to attend some or all of the Institute. Continuing education credits for Certified Addiction Counsellors through the Addiction Intervention Association are available.
Credit toward University of Victoria's Child and Youth Care program is currently being negotiated.

Location In 1994 the Institute will be held at the University of British Columbia
Previously held at Trinity Western University, Langley, B.C.

Frequency/Length Offered annually; 4 days in May

Cost Unknown

CURRENT ISSUES IN CHEMICAL DEPENDENCY SUMMER SCHOOL

University of Manitoba
188 Continuing Education Complex
Winnipeg, Manitoba R3T 2N2

Target Group	Professional and volunteer caregivers who want to enhance their effectiveness in helping people with alcohol and drug problems
Description	
Content	• varies from year to year • carries 21 hours of study credit with AIA, EAPA, and Canadian Council on Continuing Education in Pharmacy and 10 hours credit towards various University of Manitoba certificates
Delivery	Conference format with plenary and concurrent sessions
Location	Fort Garry Campus
Frequency/Length	4 days
Cost	$275 with early bird and daily rates available

ADDICTION RESEARCH FOUNDATION SUMMER INSTITUTE IN ADDICTION STUDIES

Addiction Research Foundation
Training and Education Department
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6020

Target Group People working in the field of addiction

Prerequisites Some individual courses may have prerequisites

Description Designed to keep addictions workers and other professionals up to date in the addiction field

Content 5-day courses carry 30 hours study credit with AIA and University of Toronto's Program for Addiction Studies
The following courses are scheduled for 1994:
- Individual Counselling
- Group Counselling
- Fundamental Concepts in Addictions
- Substance Abuse and Domestic Violence
- Youth and Drugs Workshop
- Dual Disorders
- Prevention and Health Promotion
- Multicultural Issues in Substance Abuse

Delivery Composed of 2, 3, and 5-day courses plus 1-day seminars on current topics

Location Varies (in Ontario)

Frequency/Length Annually; 3 weeks

Cost $350 for 5-day courses; $210 for 3-day courses; $140 for 2-day courses

PRINT RESOURCES

The **PRINT RESOURCES** section gives primary sources for substance abuse related printed matter, as well as listing some sample items, many B.C. developed. (These are not intended to be taken as exemplary items, but rather as samples of available materials.) The Journals/Periodicals section lists U.S. and Canadian publications about which more detailed information can be obtained from any major library.

Sources

Addiction Research Foundation 53
Alberta Alcohol and Drug Abuse Commission (AADAC) 53
Alcohol and Drug Programs 54
B.C. Prevention Resource Centre for the B.C. Ministry of Health 55
Canadian Centre on Substance Abuse 55
Directional Learning/Health Edco 55
Health Canada 56
Office of Substance Abuse Prevention (OSAP), U.S. Department of Health and Human Services 56
Sunburst Communications 56

Sample Items

Action News 57
Addiction Counselling Training Manual 57
Diseasing of America 57
Drugs and Alcohol in Perspective 58
Heavy Drinking: The Myth of Alcoholism as a Disease 58
Native Students with Problems of Addiction: A Manual for Adult Educators 58
Recovering from Addiction: A Guidebook for the Journey (Volumes 1 and 2) 59
Step by Step: A Prevention Handbook on Alcohol and Other Drug Use 59
Substance Abuse Awareness for Home Support Workers/Long Term Care Aides 59
Substance Abuse Curriculum Resources: Assessment and Referral 60
Substance Abuse Curriculum Resources: Concepts 60
Substance Abuse Curriculum Resources: Counselling 60
Substance Abuse Curriculum Resources: Issues 61
Substance Abuse Curriculum Resources: Prevention/Treatment 61
The Journal: Addictions News for Professionals 62
Towards Cross Cultural Sensitivity in the Human Services 62

Journals/Periodicals - U.S.

A D A M H A News 63
Addiction & Recovery 63
The Addiction Letter 63
Addiction Research 63
Addictions Nursing Network 63
Addictive Behaviors; an international journal 63
Adolescent Counselor Magazine; education about addictions 63
Alcohol; an international biomedical journal 64
Alcohol & Alcoholism 64
Alcohol Health & Research World 64
Alcohol, Drugs and Driving 64
Alcoholism & Drug Abuse Weekly; news for policy and program decision-makers 64

Alcoholism Briefs 64
Alcoholism Treatment Quarterly; the practitioner's quarterly for individual, group, and family therapy 64
Alcoholism: Clinical and Experimental Research 64
American Journal of Drug and Alcohol Abuse 65
American Journal on Addictions 65
Annual Editions: Drugs, Society and Behavior 65
Annual Review of Addictions Research and Treatment 65
Anti-drug Funding Alert 65
Brown University Digest of Addiction Theory & Application Data 65
Brown University Family Therapy Letter; monthly reports for professionals helping families 65
Brown University Long-term Care Quality Letter 65
C J N Drug Letter; drug detection and treatment in the criminal justice system 66
Contemporary Drug Problems 66
Counselor (Arlington) 66
Drug Abuse and Alcoholism Newsletter 66
The Drug Educator 66
E A P Digest (employee assistance programs) 66
Employee Assistance Quarterly 66
Family Therapy Networker 66
International Journal of the Addictions 67
Journal of Addictive Diseases 67
Journal of Adolescent Chemical Dependency 67
Journal of Alcohol and Drug Education 67
Journal of Chemical Dependency Treatment 67
Journal of Drug Education 67
Journal of Drug Issues 67
Journal of Mental Health Administration 68
Journal of Ministry in Addiction & Recovery 68
Journal of Psychoactive Drugs; a Multidisciplinary Forum 68
Journal of Public Health Policy 68
Journal of Studies on Alcohol 68
Journal of Studies on Alcohol, Supplement 68
Journal of Substance Abuse 68
Journal of Substance Abuse Treatment 68
National Report on Substance Abuse 69
Pharmalert 69
Pharmchem Newsletter 69
Prevention Pipeline; an alcohol and drug awareness service 69
Professional Counselor Magazine; serving the addictions field 69
Psychology of Addictive Behaviors 69
Recent Developments in Alcoholism 69
Recovery Now 69
Recovery Today; the newsmagazine for today's recovering community 69
Report on Alcohol, Drugs, and Disability 70
Research Advances in Alcohol & Drug Problems 70
Research Communications in Substances of Abuse 70
Rutgers Center of Alcohol Studies. Monograph 70
S A L I S Directory 70
S A L I S News 70
School Intervention Report 70
Smoking and Health Bulletin 70

Sober Times; the recovery magazine 71
Street Pharmacologist 71
Student Assistance Journal 71
Substance Abuse 71
Substance Abuse Report; twice-monthly newsletter covering all aspects of drug abuse: its prevention, detection and treatment 71
Women's Recovery Network 71
Yearbook of Substance Use and Abuse 71

Journals/Periodicals - Canada
Addiction Research Foundation of Ontario, Annual Report 72
Addiction Research Foundation, Journal 72
Concerns 72

ADDICTION RESEARCH FOUNDATION (ARF)

Catalogue Orders
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6059
or 1-800-661-1111
Fax : (416) 593-4694

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see **COURSES** section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see **SUMMER INSTITUTES** section). They also develop and publish a wide variety of print and audiovisual training materials.

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

AADAC Production and Distribution
200 - 10909 Jasper Avenue
Edmonton, Alberta T5J 3M9

Telephone : (403) 427-7319
Fax : (403) 422-5237

For over 40 years, AADAC and its funded agencies have been providing prevention and treatment services for alcohol and other drug problems to the citizens of Alberta. In addition to operating a full range of treatment facilities, AADAC develops and implements a broad array of prevention programs and initiatives. They publish the award-winning *Developments*, in addition to many other educational resources. See listings in **WORKSHOPS** and **AUDIOVISUAL RESOURCES** sections.

ALCOHOL AND DRUG PROGRAMS

Central Office:
Alcohol and Drug Programs
Ministry of Health and Ministry Responsible for Seniors
3rd floor, 1019 Wharf Street
Victoria, B.C. V8V 1X4

Telephone : 387-4783
Fax : 356-2173

The Ministry of Health's ADP branch is responsible for planning, funding, and coordinating programs for the prevention and treatment of alcohol and other drug abuse in British Columbia. Regional offices and the central office have lending libraries of various sizes. Although organizational re-structuring is currently under way within the Ministry of Health, it is anticipated that these collections will still be available to those who work in the alcohol and drug field. To access the collections, contact the individual office:

Regional offices:

Region 1 - Lower Mainland
Alcohol and Drug Programs
509 - 4980 Kingsway
Burnaby, B.C. V5H 4K7

Telephone : 660-6536
Fax : 660-6715

Region 2 - Fraser Valley
Alcohol and Drug Programs
302 - 10090 152nd Street
Surrey, B.C. V3R 8X8

Telephone : 660-8971
Fax : 660-9011

Region 3 - Thompson-Okanagan/Kootenays
Alcohol and Drug Programs
300 - 1465 Ellis Street
Kelowna, B.C. V1Y 2A3

Telephone : 861-7563
Fax : 861-7479

Region 4 - North
Alcohol and Drug Programs
390 - 444 Victoria Street
Prince George, B.C. V2L 2J7

Telephone : 565-6757
Fax : 565-6824

Region 5 - Vancouver Island, Gulf Islands, and Central Coast
Alcohol and Drug Programs
610 - 495 Dunsmuir Street
Nanaimo, B.C. V9R 6B9

Telephone : 755-2311
Fax : 755-2482

B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

#211 - 96 East Broadway
Vancouver, B.C. V5T 1V6

Telephone : 874-8452
or 1-800-663-1880

Operated by Alcohol-Drug Education Services for the B.C. Ministry of Health

- Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research
- Provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services
- Produces *Frontline*, a guide to prevention resources published quarterly and distributed free of charge.
- Has on-site reference collection
- Offers on-line computer searches

CANADIAN CENTRE ON SUBSTANCE ABUSE

112 Kent Street, Ste. 480
Ottawa, Ontario K1P 5P2

Telephone : (613) 235-4048
Fax : (613) 235-8101

Created in 1988 as part of Canada's Drug Strategy, the Centre's goals are to promote:
- increased awareness of issues related to alcohol and drug use
- increased participation in the reduction of harm associated with alcohol and drug abuse
- the use and effectiveness of programs of excellence relevant to alcohol and drug abuse

The Centre's principal functions are research, policy development, and operation of the National Clearinghouse. Through the Clearinghouse, the Centre coordinates a Canada-wide network of agencies having libraries and resource centres with significant holdings relevant to alcohol and drug use and maintains computerized databases. Computer searches can be done on request. Plans are to implement an on-line computerized information service accessible to suitably equipped users on a dial-up basis.

The Centre publishes *Action News* (see **PRINT RESOURCES - SAMPLE ITEMS** section) 6 times per year, the *Directory of Substance Abuse Organizations in Canada*, and various research and policy monographs.

DIRECTIONAL LEARNING/ HEALTH EDCO

480 Washington Street
Elora, Ontario N0B 1S0

Telephone : (519) 846-5397
Fax : (519) 846-9791

A publishing house specializing in health related materials, Directional Learning/Health Edco is the Canadian distributor for a large selection of alcohol and drug education products including:

- videotapes, filmstrips, and slides (especially the Substance Abuse Video library)
- education displays, kits, T-shirts, banners, balloons, and wall posters
- booklets and curriculum modules
- instructional software for computers

HEALTH CANADA

Branch Publications Unit
Health Services and Promotion Branch
5th floor, Jeanne Mance Bldg.
Ottawa, Ontario K1A 1B4

Telephone : (613) 954-8576

This is one of the federal government departments responsible for implementation of Canada's Drug Strategy, a "coordinated effort to reduce the harm associated with the use of alcohol and other drugs". Funds are available through the regional office for community based projects. A variety of publications on the topics of alcohol, drugs, and related subjects are available through the national office. Publications take the form of pamphlets, booklets, and circulars in addition to research reports and statistical publications.

OFFICE OF SUBSTANCE ABUSE PREVENTION (OSAP)
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

ONCADI Publications Catalog
P.O. Box 2345
Rockville, Maryland 20847-2345

Telephone : (703) 218-5600

Produces an annual catalogue of print and AV resources relevant to prevention. Also provides a Prevention Materials Data Base available on disk and a videotape resource program.

OSAP also operates the National Resource Center for Prevention of Perinatal Abuse of Alcohol and other Drugs, whose key functions are policy development, training, technical assistance, information and referral, and information dissemination.

SUNBURST COMMUNICATIONS

920 Mercer Street
Windsor, Ontario N9A 7C2

Telephone : 1-800-431-1934
Fax : (519) 971-2712

Produces curriculum kits in the drug and alcohol field appropriate for use with elementary and secondary students. Might be of interest to prevention workers.

ACTION NEWS

Canadian Centre on Substance Abuse
112 Kent Street, Ste. 480
Ottawa, Ontario K1P 5P2

Telephone : (613) 235-4048
Fax : (613) 235-8101

Newsletter published 6 times per year which includes news items about substance abuse developments Canada-wide and feature articles and opinion pieces by prominent Canadians in addition to notes from their clearinghouse and announcements of upcoming conferences.

Annual subscription: $12

ADDICTION COUNSELLING TRAINING MANUAL
1987

Addiction Research Foundation
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6059
or 1-800-661-1111
Fax : (416) 593-4694

Curriculum for baseline training of counsellors new to the addictions field. Based on a competency profile which stresses case identification and case management. Assumes no prior training in addictions counselling and is modularized in such a way that components can be excerpted for study. Covers:

- Counselling communication skills
- Practical drug concepts
- Initial interview methods
- Treatment planning strategies

Target group: beginning workers with less than one year experience and no formal training

DISEASING OF AMERICA
S. Peele, 1989

D.C. Heath and Company
125 Spring Street
Lexington, Massachusetts 02173

Telephone : 1-800-235-3565

Argues against the disease model explanation of alcoholism and drug addiction. Maintains that "people are active agents in - not passive victims of - their addictions". Argues that treating addictions as a disease affects the way we deal with them and "affects our views of ourselves as individuals and as a society". Presents a history of changing attitudes towards alcohol in the US plus research which contradicts many of the generally accepted ideas about alcoholism. Traces the growth of the addiction treatment industry and the way this industry benefits from the alcoholism-as-disease concept. Closes with a suggestion that bringing about real social change and creating communities worth living in will positively affect our addictive life style.

Target group: advanced students; instructors of programs

DRUGS AND ALCOHOL IN PERSPECTIVE
R. Fields, 1992

Wm. C. Brown Publishing **Telephone : 1-800-348-2377**
2460 Kerper Blvd.
Dubuque, Iowa 52001

An introductory overview of the addiction field from a family dynamics viewpoint which covers:
- various models of the etiology of drug abuse including the disease model, the psychoanalytic model, sociocultural model, etc.
- summary information on various addictive drugs
- the family as a critical feature in drug addiction, including case studies plus detailed information on adult children of alcoholics
- approaches to prevention
- dual disorders
- a brief summary of treatment approaches

Treats family issues in depth; some other topics get only brief overviews.

Target group: Students, counsellors

HEAVY DRINKING: THE MYTH OF ALCOHOLISM AS A DISEASE
H. Fingarette, 1988

University of California Press **Telephone : (415) 642-4247**
2120 Berkeley Way **Fax : (415) 643-7127**
Berkeley, California 94720

Attacks the public's belief in alcoholism as a disease by presenting results of research from biology, medicine, psychology, and sociology. Introduces new scientific perspectives and describes constructive approaches for those who want to help heavy drinkers who are seeking help. Sees heavy drinking as a way of life that is amenable to change. Similar content to Peele (page 57) but easier reading.

Target groups: Advanced students, counsellors

NATIVE STUDENTS WITH PROBLEMS OF ADDICTION: A MANUAL FOR ADULT EDUCATORS
J.C. Hale, 1990

Native Adult Education Resource Centre **Telephone : 832-7292**
Okanagan University College
2690 Okanagan Avenue, Box 189
Salmon Arm, B.C. V0E 2T3

Provides background information and exercises for use by adult educators working with native students who may encounter problems of substance abuse in their classrooms or who may wish to introduce a prevention element into their curriculum. Covers background information on addictions,

prevention strategies, instruments for identifying addictions, bibliography, and reading list. Information suitable for use with non-native students as well.

Target group: Adult educators

RECOVERING FROM ADDICTION: A GUIDEBOOK FOR THE JOURNEY (Volumes 1 and 2)
A. Podsadowski (Ed.), 1989

West Coast Alternatives Society
North Vancouver, B.C.

A therapy manual produced by West Coast Alternatives Society with assistance from Open Learning Agency. Designed to be a supplement to individual or group counselling. Not designed for counsellor training but counsellors may find information and exercises which they can use with their clients. Volume 1 covers treatment, nature of addiction, self-esteem and recovery, skills of self care. Volume 2 covers family of origin, emotions, women and addiction, men and addiction, relationships, stress, and spirituality and recovery.

Target group: Clients

STEP BY STEP: A PREVENTION HANDBOOK ON ALCOHOL AND OTHER DRUG USE

Kaiser Youth Foundation
1500 West Georgia St.
Vancouver, B.C. V6G 2Z8

Telephone : 681-1888
Fax : 685-9046

This recent publication of the Kaiser Youth Foundation is designed for any group who wishes to plan and carry out a successful prevention initiative. It answers questions like: "When do you start prevention?", "What do young people need at different ages?", "How do you handle cultural differences?", "What does and doesn't work?", and provides suggestions on getting funding, working with other groups, reducing risk factors for young people, and finding relevant print and audiovisual material.

SUBSTANCE ABUSE AWARENESS FOR HOME SUPPORT WORKERS / LONG TERM CARE AIDES
Rosalie Chappell, 1991

Centre for Curriculum and Professional Development
Province of British Columbia
Fifth Floor, 1483 Douglas Street
Victoria, B.C. V8W 3K4

Telephone : 387-6065
Fax : 387-9142

This is a foundation for a 12-hour workshop, useful for paraprofessionals and professionals whose work involves people who may be abusing substances. Contains a great deal of useful, user-friendly information, as well as sensitivity exercises.

Target Group: Professionals and paraprofessionals

SUBSTANCE ABUSE CURRICULUM RESOURCES: ASSESSMENT AND REFERRAL
1990

Open Learning Agency
Marketing Department
P.O. Box 82030
Burnaby, B.C. V5C 6J8

Telephone : 431-3300
or 1-800-663-9711
Fax : 431-3333

Prepared by Fraser Valley College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Introduces various approaches to assessment and stresses the importance of assessment in creation of an effective treatment plan. Explains the referral process and the importance of follow-up. Provides information and exercises on communication skills, time management, and effective writing. Introduces various legal and ethical issues and provides case studies to stimulate discussion.

SUBSTANCE ABUSE CURRICULUM RESOURCES: CONCEPTS
1990

Open Learning Agency
Marketing Department
P.O. Box 82030
Burnaby, B.C. V5C 6J8

Telephone : 431-3300
or 1-800-663-9711
Fax : 431-3333

Prepared by Vancouver Community College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides a broad overview of the field beginning with an explanation of the drugs themselves and their effects on individuals and families. The Use/Abuse continuum is introduced, leading to a discussion of recovery, aftercare, and relapse prevention. Different theoretical models of chemical dependency are discussed; various approaches to treatment and prevention are introduced. Introduces the basic terminology of the field and provides a foundation for the remaining volumes in the series.

SUBSTANCE ABUSE CURRICULUM RESOURCES: COUNSELLING
1990

Open Learning Agency
Marketing Department
P.O. Box 82030
Burnaby, B.C. V5C 6J8

Telephone : 431-3300
or 1-800-663-9711
Fax : 431-3333

Prepared by the University of Victoria for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. An annotated bibliography of print and audiovisual resources to support the acquisition of various counselling skills. Resources listed are skill-specific and skills are divided into the following categories:
- basic counselling skills: self
- advanced counselling skills: self
- basic counselling skills: others

- advanced counselling skills: others
- counselling skills: group
- counselling skills: family

SUBSTANCE ABUSE CURRICULUM RESOURCES: ISSUES
1990

Open Learning Agency
Marketing Department
P.O. Box 82030
Burnaby, B.C. V5C 6J8

Telephone : 431-3300
or 1-800-663-9711
Fax : 431-3333

Prepared by Cariboo College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides background information, supplemental materials and discussion questions in the following areas:

- ongoing issues, including an historical perspective
- cultural issues, including sections on seniors, youth, women and other groups
- native issues, including native approaches to treatment
- individual issues, including family issues
- health issues, including FAS, dual diagnosis, and others
- prevention strategies
- community issues
- international, federal, and provincial initiatives
- political and economic issues

SUBSTANCE ABUSE CURRICULUM RESOURCES: PREVENTION/TREATMENT
1990

Open Learning Agency
Marketing Department
P.O. Box 82030
Burnaby, B.C. V5C 6J8

Telephone : 431-3300
or 1-800-663-9711
Fax : 431-3333

Prepared by Malaspina College for the Ministry of Advanced Education, Training, and Technology. One of five curriculum guides developed for use in provincial post-secondary education programs. Provides an overview of primary, secondary, and tertiary prevention and follows with explanations of the principal approaches to treatment, including the disease model, psycho-social models, psycho-dynamic models and others. Argues for integration of the various approaches to treatment.

THE JOURNAL: ADDICTIONS NEWS FOR PROFESSIONALS

The Journal
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6664

A bimonthly publication of the Addiction Research Foundation. Includes news items, research updates, feature articles. book and video reviews, conference listings and other items of interest. Subscriptions are $15 per year.

TOWARDS CROSS CULTURAL SENSITIVITY IN THE HUMAN SERVICES

Gloria Wolfson (Ed.), 1993

University College of the Fraser Valley
UCFV Press
33844 King Road, RR#2
Abbotsford, B.C. V2S 4N2

Telephone : 853-7441
Fax : 853-9990

This is comprised of two linked manuals - an instructor manual and a student based manual. The manual would be useful for those planning training involving communicating with clients across cultures. It includes both theoretical information on approaches to working with clients from other cultures as well as specific exercises designed to deal with our own attitudes.

A D A M H A NEWS

US Department of Health and Human Services, Alcohol, Drug Abuse, and Mental Health Administration, Rockville, MD

ADDICTION & RECOVERY

International Publishing Group, Cleveland, OH
Serving prevention, treatment and recovery professionals, providing an overview of alcoholism and chemical dependency issues.

THE ADDICTION LETTER

Manisses Communications Group, Inc., Providence RI
Resource exchange on treatment and prevention of chemical and behavioral addictions.

ADDICTION RESEARCH

Harwood Academic Publishers, New York, NY

ADDICTIONS NURSING NETWORK

Mary Ann Liebert, Inc., New York, NY
Recognizes the major role of nurses in identifying and intervening with drug and alcohol abuse. Provides current information on serious major health problems, as well as specialties of addictions nursing.

ADDICTIVE BEHAVIORS; an international journal

Pergamon Press, Inc., Tarrytown, NY
Publishes original research and theoretical papers in the area of substance abuse, with particular emphasis on alcohol and drug abuse, smoking and problems associated with eating. Refereed.

ADOLESCENT COUNSELOR MAGAZINE; education about addictions

A & D Publications Corporation, Deerfield, FL
Education and prevention aspects of adolescent addictions for people who work with youth and are not professionals in the addictions field.

ALCOHOL; an international biomedical journal

Pergamon Press, Inc., Tarrytown, NY
Publishes original research articles and reviews on biomedical aspects of alcohol abuse and alcoholism. Refereed.

ALCOHOL & ALCOHOLISM

Pergamon Press, Inc., Tarrytown, NY
Publishes research from all clinical disciplines of medicine, the basic medical sciences, psychology, sociology, and epidemiology. Refereed.

ALCOHOL HEALTH & RESEARCH WORLD

US National Institute on Alcohol Abuse and Alcoholism, Rockville, MD

ALCOHOL, DRUGS AND DRIVING

University of California, Los Angeles, CA
Provides a conspectus of recently published literature on the subject of driving skills impairment resulting from alcohol and drugs used separately or in combination.

ALCOHOLISM & DRUG ABUSE WEEKLY; news for policy and program decision-makers

Manisses Communications Group, Inc., Providence, RI
Covers public policy and economic issues for those in the public, private and non-profit sectors.

ALCOHOLISM BRIEFS

Del Mar Publications, Deerfield, IL
National digest to provide a clearing house and exchange for concise news and information on alcoholism and related subjects.

ALCOHOLISM TREATMENT QUARTERLY; practitioner's quarterly for individual, group, & family therapy

Haworth Press, Inc., Binghamton, NY
Geared towards the needs of clinicians who work with alcoholic clients and their families. Refereed.

ALCOHOLISM: CLINICAL AND EXPERIMENTAL RESEARCH

Williams & Wilkins, Baltimore, MD
Original clinical and research studies on alcoholism, alcohol-induced syndromes and resultant organ damage. Refereed.

AMERICAN JOURNAL OF DRUG AND ALCOHOL ABUSE

Marcel Dekker Journals, New York, NY
Refereed.

AMERICAN JOURNAL ON ADDICTIONS

American Psychiatric Press, Inc., Washington, DC
Presents original research related to the assessment and treatment of addictive disorders.

ANNUAL EDITIONS: DRUGS, SOCIETY AND BEHAVIOR

Dushkin Publishing Group, Inc., Guilford, CT

ANNUAL REVIEW OF ADDICTIONS RESEARCH AND TREATMENT

Pergamon Press, Inc., Tarrytown, NY
Provides a historical and scientific perspective for recent advances and research in the fields of alcohol and drug studies. Refereed.

ANTI-DRUG FUNDING ALERT

Government Information Services, Arlington, VA
Covers developments affecting federal aid for anti-drug programs and for law enforcement.

BROWN UNIVERSITY DIGEST OF ADDICTION THEORY & APPLICATION DATA

Manisses Communications Group, Inc., Providence, RI
Digest of articles that have appeared in leading medical and professional journals concerning addiction.

BROWN UNIVERSITY FAMILY THERAPY LETTER; monthly reports for professionals helping families

Manisses Communications Group, Inc., Providence, RI
Practical reports for professionals working with families.

BROWN UNIVERSITY LONG-TERM CARE QUALITY LETTER

Manisses Communications Group, Inc., Providence, RI
Practical reports for administrators and clinical directors of long-term care facilities.

C J N DRUG LETTER; drug detection and treatment in the criminal justice system

Pace Publications, New York, NY
Reports on legislative, legal, administrative and technical developments affecting drug testing and treatment in the criminal justice system.

CONTEMPORARY DRUG PROBLEMS

Federal Legal Publications, Inc., New York, NY

COUNSELOR (ARLINGTON)

National Association of Alcoholism and Drug Abuse Counselors, Arlington, VA
Provides information on current research and treatment.

DRUG ABUSE AND ALCOHOLISM NEWSLETTER

Vista Hill Foundation, San Diego, CA

THE DRUG EDUCATOR

American Council for Drug Education, Rockville, MD
Contains articles on drug and alcohol use by junior high, high school and college level students.

E A P DIGEST (Employee Assistance Programs)

Performance Resource Press, Inc., Troy, MI

EMPLOYEE ASSISTANCE QUARTERLY

Haworth Press, Inc., Binghamton, NY
Covers development of scholarly and research literature regarding work-based alcoholism programs and the employee assistance movement. Refereed.

FAMILY THERAPY NETWORKER

Family Therapy Network, Inc., Washington, DC
Professional journal for social workers, psychologists, therapists and educators.

INTERNATIONAL JOURNAL OF THE ADDICTIONS

Marcel Dekker Journals, New York, NY
Refereed.

JOURNAL OF ADDICTIVE DISEASES

Haworth Press, Inc., Binghamton, NY
Covers current topics in alcoholism and substance abuse field and devotes an entire issue to each topic. Refereed.

JOURNAL OF ADOLESCENT CHEMICAL DEPENDENCY

Haworth Press, Inc., Binghamton, NY
Emphasizes a practical orientation in the treatment of adolescent substance abuse by addressing a broad range of clinical issues as they relate to treating chemically dependent adolescents and their families. Refereed.

JOURNAL OF ALCOHOL AND DRUG EDUCATION

Alcohol and Drug Problems Association of North America, Lansing, MI

JOURNAL OF CHEMICAL DEPENDENCY TREATMENT

Haworth Press, Inc., Binghamton, NY
For professionals providing direct clinical services. Each issue examines a specific chemical dependency problem. Stresses clinical techniques and methods but integrates theory and research. Refereed.

JOURNAL OF DRUG EDUCATION

Baywood Publishing Co. Inc., Amityville, NY
Contains current, authoritative and practical articles on the latest developments in preventive practices, and issues and trends in drug education and addiction management.

JOURNAL OF DRUG ISSUES

Journal of Drug Issues Inc., Tallahassee, FL
Critical commentary on a wide range of drug policy issues. Refereed.

JOURNAL OF MENTAL HEALTH ADMINISTRATION

University of South Florida, Tampa, FL
Publishes original research on the organization, financing and delivery of mental health services and substance abuse treatment services. Refereed.

JOURNAL OF MINISTRY IN ADDICTION & RECOVERY

Haworth Press, Inc., Binghamton, NY
Offers pastoral caregivers and others in the addiction field innovative approaches to treating a variety of addictive behaviors.

JOURNAL OF PSYCHOACTIVE DRUGS; a multidisciplinary forum

Haight-Ashbury Publications, San Francisco, CA
Focuses on human use and abuse of alcohol and other drugs, as well as related issues, such as AIDS and dual diagnosis. Refereed.

JOURNAL OF PUBLIC HEALTH POLICY

Journal of Public Health Policy, Inc., South Burlington, VT
Refereed.

JOURNAL OF STUDIES ON ALCOHOL

Alcohol Research Documentation, Inc., Piscataway, NJ
Contributes to knowledge about alcohol, its use, misuse and its biomedical, behavioral and sociocultural effects.

JOURNAL OF STUDIES ON ALCOHOL, SUPPLEMENT

Alcohol Research Documentation, Inc., Piscataway, NJ
Reports research on alcohol-related problems.

JOURNAL OF SUBSTANCE ABUSE

Ablex Publishing Corporation, Norwood, NJ

JOURNAL OF SUBSTANCE ABUSE TREATMENT

Pergamon Press, Inc., Tarrytown, NY
Refereed.

NATIONAL REPORT ON SUBSTANCE ABUSE

Buraff Publications, Washington, DC
Covers substance abuse in the workplace: testing, employee privacy rights, pre-employment screening, legislation, regulation, employer liability, and court decisions.

PHARMALERT

University of Maryland, Baltimore, MD

PHARMCHEM NEWSLETTER

PharmChem Laboratories, Inc., Menlo Park, CA

PREVENTION PIPELINE; an alcohol and drug awareness service

National Clearinghouse for Alcohol and Drug Information, Rockville, MD
Intended to stimulate an exchange of information and experiences among specialists in the field of drug and alcohol abuse prevention, focusing on the announcement of programmatic resources and selected scientific-technical literature, upcoming conferences, and news from the field.

PROFESSIONAL COUNSELOR MAGAZINE; serving the addictions field

A & D Publications Corporation, Deerfield, FL
Features articles about addictions treatment and prevention. Covers the clinical, social and political aspects of addictions.

PSYCHOLOGY OF ADDICTIVE BEHAVIORS

Educational Publishing Foundation, Washington, DC
Covers alcoholism, drug abuse, eating disorders, smoking and nicotine addiction, and other compulsive behaviors such as gambling.

RECENT DEVELOPMENTS IN ALCOHOLISM

Plenum Publishing Corp., New York, NY
Refereed.

RECOVERY TODAY; the newsmagazine for today's recovering community

Recovery Today, Deerfield Beach, FL
Focuses on recovery from alcoholism, drug addiction and eating disorders. Promotes personal growth.

REPORT ON ALCOHOL, DRUGS, AND DISABILITY

Pacific Research and Training Alliance, San Mateo, CA
Includes a calendar of events and activities, legislative updates, successful program descriptions, editorial opinion, leadership profiles, and networking opportunities.

RESEARCH ADVANCES IN ALCOHOL & DRUG PROBLEMS

Plenum Publishing Corp., New York, NY
Refereed.

RESEARCH COMMUNICATIONS IN SUBSTANCES OF ABUSE

P J D Publications Ltd., Westbury, NY
Focuses on clinical and human aspects of all abused substance, including alcohol, synthetic and natural substances. Refereed.

RUTGERS CENTER OF ALCOHOL STUDIES. MONOGRAPH

Rutgers Center of Alcohol Studies, Piscataway, NJ

S A L I S DIRECTORY

Substance Abuse Librarians and Information Specialists, Alcohol Research Group, Berkeley, CA
International listing of nearly 200 alcohol and other drug-specific libraries, clearing houses, resource and information centers.

S A L I S NEWS

Substance Abuse Librarians and Information Specialists, Berkeley, CA
Linkage and networking of relevant information sources.

SCHOOL INTERVENTION REPORT

Safe Schools Coalition, Inc., Holmes Beach, FL
Covers students at risk, including those from drugs, alcohol, dropping out, physical violence and adolescent pregnancy.

SMOKING AND HEALTH BULLETIN

US Office on Smoking and Health, Atlanta, GA
Discusses all points of tobacco use: toxicology, diseases, effects on pregnancy, psychological aspects. Includes legislative information.

SOBER TIMES; the recovery magazine

San Diego, CA
Focuses on ways to maintain happy, healthy lives, free of substance abuse and compulsive behavior.

STREET PHARMACOLOGIST

Up Front, Inc., Miami, FL
Discusses substance abuse trends and other drug-related issues.

STUDENT ASSISTANCE JOURNAL

Performance Resource Press, Inc., Troy, MI
Looks at the various personal problems of students and how they affect their behavior at school. Emphasis is on drug abuse and alcoholism.

SUBSTANCE ABUSE

Manisses Communication Group, Inc., Providence, RI
Provides a forum for the exchange of information on techniques of substance abuse teaching.

SUBSTANCE ABUSE REPORT; twice-monthly newsletter covering all aspects of drug abuse: its prevention, detection and treatment

Business Research Publications, Inc., New York, NY
Analysis of current developments in the substance abuse treatment field. Contains news and information on treatment programs, medical research and laboratory breakthroughs written for a professional audience.

WOMEN'S RECOVERY NETWORK

WebWords Press Inc., Columbus, OH
Feminist forum for women who have known abuse and/or addiction and who now seek political and spiritual solutions.

YEARBOOK OF SUBSTANCE USE AND ABUSE

Human Sciences Press, Inc., New York, NY
Refereed.

ADDICTION RESEARCH FOUNDATION OF ONTARIO, ANNUAL REPORT

Addiction Research Foundation, Toronto, ON

ADDICTION RESEARCH FOUNDATION, JOURNAL

Addiction Research Foundation of Ontario, Toronto, ON
Covers the latest developments in the alcohol and drug field in North America.
See fuller listing on page 62.

CONCERNS

Concerns Canada, Scarborough, ON
Informs members of issues and programs involving the organization, its Board and staff.

AUDIOVISUAL RESOURCES

The **AUDIOVISUAL RESOURCES** section provides primary sources for substance abuse related audiovisual materials, as well as some B.C. based sample items. (These are not intended to be taken as exemplary items, but rather as samples of the materials available.)

Sources
Addiction Research Foundation 75
B.C. Prevention Resource Centre for the B.C. Ministry of Health 75
Directional Learning/Health Edco 75
Office of Substance Abuse Prevention (OSAP), U.S. Department of Health and Human Services 76

Sample Items
Addictions: Getting In Getting Out 77
Addictions: Getting In Getting Out - Counselling Issues 77
Community Mobilization to Prevent Alcohol and Other Drug Problems: Facilitator's Manual 78
Together We Can Make a Difference 78
Opening the Door - Assisting Chemically Dependent Patients: A Video-based Training Program for Nurses 78

ADDICTION RESEARCH FOUNDATION (ARF)

Marketing, Catalogue Orders
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6059
or 1-800-661-1111
Fax : (416) 593-4694

Training and Education

Telephone : (416) 595-6020
Fax : (416) 595-6644

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see **COURSES** section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see **SUMMER INSTITUTES** section). They also develop and publish a wide variety of print and AV training materials.

B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

#211 - 96 East Broadway
Vancouver, B.C.
V5T 1V6

Telephone : 874-8452
or 1-800-663-1880

Operated by Alcohol-Drug Education Service.

Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research and provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services. Also produces *Frontline*, a guide to prevention resources published quarterly and distributed free of charge. They have on-site reference collection and offer on-line computer searches.

DIRECTIONAL LEARNING/ HEALTH EDCO

480 Washington Street
Elora, Ontario N0B 1S0

Telephone : (519) 846-5397
Fax : (519) 846-9791

A publishing house specializing in health related materials, Directional Learning/Health Edco is the Canadian distributor for a large selection of alcohol and drug education products including:

- videotapes, filmstrips, and slides (especially the Substance Abuse Video library)
- education displays, kits, T-shirts, banners, balloons, and wall posters
- booklets and curriculum modules
- instructional software for computers

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OFFICE OF SUBSTANCE ABUSE PREVENTION
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

ONCADI Publications Catalog
P.O. Box 2345
Rockville, Maryland 20847-2345

Telephone : (703) 218-5600

Produces an annual catalogue of print and AV resources relevant to prevention. Also provides a Prevention Materials Data Base available on disk and a videotape resource program.

ADDICTIONS: GETTING IN GETTING OUT (Videotape)
J. Ashworth (Producer/Director), 1992

Designed Learning Incorporated **Telephone : 926-7560**
4491 Marine Drive West
Vancouver, B.C. V7W 2N8

Cost **$235** plus GST/PST
Time **57 minutes**

Five recovering alcohol and drug addicts tell their stories in a very intense and powerful manner, moving from initial use and misuse through to recovery. The video presents unique characters, counteracting some of the stereotyping of addicts which can otherwise occur. Good introduction to the problems of misuse for beginning counsellors or students; could also be useful for prevention programs.

ADDICTIONS: GETTING IN GETTING OUT - COUNSELLING ISSUES (Videotape)
J. Ashworth (Producer/Director), 1992

Designed Learning Incorporated **Telephone : 926-7560**
4491 Marine Drive West
Vancouver, B.C. V7W 2N8

Cost **$89** plus GST & PST
Time **22 minutes**

A companion video to "Getting in getting out". Several local practitioners comment on the key counselling issues involved in the treatment of alcohol and drug abusers. Points are illustrated via case dramatization which runs throughout the program. Topics include:
- assessing the problem
- the therapeutic approach
- working with the family
- women in treatment
- the treatment process
- recovery

Should be viewed after "Getting in getting out". Good overview for working counsellors or students.

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COMMUNITY MOBILIZATION TO PREVENT ALCOHOL AND OTHER DRUG PROBLEMS: FACILITATOR'S MANUAL

Alcohol-Drug Education Service
96 East Broadway
Vancouver, B.C. V5T 1V6

Telephone : 874-3466
Fax : 874-0903

Cost **$27.00** (Manual and video together $55)

Complete set of materials for running a community mobilization workshop plus glossary, references, and resources. Five-part video called "Together we can make a difference" accompanies manual (see below).

TOGETHER WE CAN MAKE A DIFFERENCE, 1990 (Videotape)

Alcohol-Drug Education Service
96 East Broadway
Vancouver, B.C. V5T 1V6

Telephone : 874-3466
Fax : 874-0903

Cost **$33**
Time **130 minutes**

A five-part video designed to accompany community mobilization workshop. Could be useful for workers who want to initiate a program in their communities.

OPENING THE DOOR - ASSISTING CHEMICALLY DEPENDENT PATIENTS: A VIDEO-BASED TRAINING PROGRAM FOR NURSES

RNABC
Helen Randall Library
2855 Arbutus Street
Vancouver, B.C. V6J 3Y8

Telephone : 736-7331
Fax : 738-2272

A kit consisting of a 25-minute video, 10 copies of the reference guide, and 20 in-service posters (pub. #29) costs $150. Extra copies of the reference guide are available (pub. #32) at a cost of $10 each.

This program, sponsored by ADP and developed by the Registered Nurses Association of B.C. (RNABC), consists of a video and a reference guide to increase awareness about the extent of chemical dependency within the hospital patient population. It provides the foundation of knowledge and skills for identifying and referring chemically dependent patients to hospital and community resources. The reference guide is fully integrated with the video and provides background and follow-up information on the issues raised in the video. The video focuses on nurses in a hospital setting but is appropriate for nurses in a community health setting.

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TRAINING RESOURCE ORGANIZATIONS

The **TRAINING RESOURCE ORGANIZATIONS** listed in this section are available to serve as resources for developing and delivering training sessions.

Training Resource Organizations

Addiction Research Foundation 81
AIDS Society of Kamloops 81
AIDS Vancouver 81
Alberta Alcohol and Drug Abuse Commission (AADAC) 82
Alcohol - Drug Education Service 82
B.C. Prevention Resource Centre for the B.C. Ministry of Health 83
Canadian Centre for Substance Abuse 83
C.A.R.E. Clinic - Community Assessment, Referral and Education 84
Direct Care Training Services 84
Health Canada 84
Johnson Institute 85
Kaiser Youth Foundation 85
National Native Alcohol and Drug Abuse Programs (NNADAP) 85
Nechako Treatment Centre 86
Nechi Institute on Alcohol and Drug Education 86
Northern Community Business College 86
Registered Nurses Association of B.C. (RNABC) 87
White Rock Family Therapy Institute 87
Yaletown Family Therapy 87

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ADDICTION RESEARCH FOUNDATION (ARF)

Marketing, Catalogue Orders
33 Russell Street
Toronto, Ontario M5S 2S1

Telephone : (416) 595-6059
or 1-800-661-1111
Fax : (416) 593-4694

Training and Education

Telephone : (416) 595 6020
Fax : (416) 595-6644

The Addiction Research Foundation of Ontario (a designated collaborating centre of the World Health Organization) develops and makes available knowledge and programs relevant to the abuse of alcohol and other drugs. Their Training and Education department develops programs and materials and offers training programs for practitioners within Ontario, some by distance education methods (for details, see **COURSES** section). They are currently collaborating with Centennial College and McMaster University for the delivery of training. ARF hosts an annual summer institute (for details, see **SUMMER INSTITUTES** section). They also develop and publish a wide variety of print and AV training materials.

AIDS SOCIETY OF KAMLOOPS

#3 - 440 Victoria St.
Kamloops, B.C. V2C 2A7

Telephone : 372-7585
Fax : 372-1147

A registered non-profit society, the AIDS Society of Kamloops has been active as a community HIV/AIDS prevention and education program since 1990. It can provide workshops on HIV/AIDS and youth, AIDS in the workplace, volunteering in AIDS services, sexuality (including condom use and safer sex) and IV drug use.

AIDS VANCOUVER

Pacific AIDS Resource Centre
1107 Seymour Street
Vancouver, B.C. V6B 5S8

Business : 893-2210
Helplines
English : 687-2437
Cantonese/Mandarin : 687-2727
Spanish : 687-3433
TTY : 893-2215

Through a variety of programs provided by Support Services, AIDS Vancouver assists people living with AIDS and HIV through ensuring access to adequate nutrition, shelter, and income as well as practical and emotional support. Educational programs include: Speakers Bureau; Women's Programs; Man to Man - a program serving homosexual and bisexual men; Workplace Project; Asian Support AIDS Project; and a library with a comprehensive collection of print, audio and video materials available to the public. The AIDS Helpline is open Monday to Thursday from 10 am to 9 pm, Friday from 10 am to 5 pm, and Saturday from 11 am to 3 pm.

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION (AADAC)

10909 Jasper Avenue
Edmonton, AB T5J 3M9

Telephone : (403) 427-2837
Fax : (403) 423-1419

For over 40 years, AADAC and its funded agencies have been providing prevention and treatment services for alcohol and other drug problems to the citizens of Alberta. In addition to operating a full range of treatment facilities, AADAC develops and implements a broad array of prevention programs and initiatives. For sample AADAC workshops, see **WORKSHOPS** section.

Quoting from their program philosophy statement: " AADAC is an addictions agency which operates from the general principle that the person and not the substance is the most important element in drug use and drug problems. While recognizing the validity and necessity of supply reduction strategies, AADAC's approach to the prevention and treatment of drug problems primarily aims at reducing people's demand for drugs through developing individual competence and creating healthy environments."

ALCOHOL - DRUG EDUCATION SERVICE

212, 96 East Broadway,
Vancouver, B.C.
V5T 1V6

Telephone : (604) 874-3466
Fax : (604) 874-0903

"The Alcohol - Drug Education Service is a registered non-profit, charitable organization active in prevention, education, and the promotion of sound policies regarding alcohol and other drugs. ADES is committed to the research, development and implementation of high quality programs."... It "provides teacher and other professional training, community workshops, consultation and coordination to groups." (from their Fact Sheet).

ADES produces a number of programs which might be used by counsellors in their work with community groups and schools, including some in languages other than English. However, the items of most relevance to counselor training itself are:

- **Prevention Connection.** A "community-driven publication" for sharing information, successes, and experience between groups and individuals" working in the prevention field.
- **Pacific Institute on Addiction Studies.** An annual conference-like residential learning experience for workers in the addictions field held under the joint sponsorship of ADES, Vancouver and Concerns, Canada of Scarborough, Ontario. It consists of plenary sessions, seminars, speakers and is certified for Continuing education credits for CACs and CADCs. In 1993, the Institute also provided a vehicle for acquiring course credit through UVic's School of Child and Youth Care.
- a variety of school and community development resources

B.C. PREVENTION RESOURCE CENTRE FOR THE B.C. MINISTRY OF HEALTH

Alcohol-Drug Education Services
#211 - 96 East Broadway
Vancouver, B.C.
V5T 1V6

Telephone : 874-8452
or 1-800-663-1880

- Maintains a B.C. database of local prevention contacts, organizations, programs, materials, and current research
- Provides a prevention and treatment video-lending service free of charge to registered organizations such as schools and counselling services
- Produces *Frontline*, a guide to prevention resources published quarterly and distributed free of charge.
- Has on-site reference collection
- Offers on-line computer searches

CANADIAN CENTRE ON SUBSTANCE ABUSE

112 Kent Street, Ste. 480
Ottawa, Ontario
K1P 5P2

Telephone : (613) 235-4048
Fax : (613) 235-8101

Created in 1988 as part of Canada's Drug Strategy, the Centre's goals are:
- to promote increased awareness of issues related to alcohol and drug use
- to promote increased participation in the reduction of harm associated with alcohol and drug abuse
- to promote the use and effectiveness of programs of excellence relevant to alcohol and drug abuse

The Centre's principal functions are research, policy development, and operation of the National Clearinghouse. Through the Clearinghouse, the Centre coordinates a Canada-wide network of agencies having libraries and resource centres with significant holdings relevant to alcohol and drug use and maintains computerized databases. Computer searches can be done on request. Plans are to implement an on-line computerized information service accessible to suitably equipped users on a dial-up basis.

The Centre publishes *Action News* (see **PRINT RESOURCES - SAMPLE ITEMS** section) 6 times per year, the *Directory of Substance Abuse Organizations in Canada*, and various research and policy monographs.

C.A.R.E. CLINIC - COMMUNITY ASSESSMENT, REFERRAL AND EDUCATION

UBC Department of Family Practice
Dr. Ray Baker
690 West 11th Avenue
Vancouver, B.C. V5Z 1M1

Telephone : 875-5602
Fax : 875-5017

The clinic is being developed as a centre of excellence, using an interdisciplinary team approach to biopsychosocial assessment of persons with a variety of problems including substance use disorders, dual diagnoses, and chronic pain coupled with addiction. Assessments generate negotiated treatment plans including the family and sometimes the workplace. Cost of services will vary with patient profile. Training of medical students, residents and community physicians will be a priority for the program, however, since social workers, certified addictions counsellors, clinical psychologists and nurse practitioners will be associated with the program, opportunities for training individuals from these disciplines will likely develop.

DIRECT CARE TRAINING SERVICES

#101 - 2700 Queensway St.
Prince George, B.C. V2L 1N2

Telephone : 564-2477
Fax : 564-2454

Supported by Employment and Immigration Canada, Direct Care Training Services provides, coordinates, facilitates, and advocates for direct care training in the human service and health sectors. It conducted a training needs assessment in the Prince George area and now maintains a database of training opportunities and distributes a regular newsletter (including training events calendar) to its members. It also provides a 3-week PREP (introduction to employment in the human services) training program.

HEALTH CANADA

Health Promotion and Social Development
750 Cambie Street, Ste. 425
Vancouver, B.C. V6B 4V5

Telephone : 666-3100
Fax : 666-8986

Contact Carol Legge, Program Consultant

This is one of the federal government departments responsible for implementation of Canada's Drug Strategy, a "coordinated effort to reduce the harm associated with the use of alcohol and other drugs". Funds are available through the regional office for community based projects. A variety of publications are available through the national office.

National Office:
Health Promotion Directorate
Health Canada
4th floor, Jeanne Mance Bldg.
Tunney's Pasture
Ottawa, Ontario K1A 1B4

Telephone : (613) 954-1215
Fax : (613) 990-7097

JOHNSON INSTITUTE

7205 Ohms Lane
Minneapolis, Minnesota 55439-2159

Telephone : (612) 831-1630

The institute emphasizes the Minnesota Model. They provide many custom-designed and packaged workshops to North American schools, treatment centres, hospitals, businesses and corrections departments. In B.C., Johnson Institute courses are often brokered by community colleges. (For details of sample workshops, see **WORKSHOPS** section.) The institute also sells print and video resources. Catalogue available.

KAISER YOUTH FOUNDATION

1500 West Georgia St.
Vancouver, B.C. V6G 2Z8

Telephone : 681-1888
Fax : 685-9046

Formed in 1985 and formerly known as the Kaiser Substance Abuse Foundation, this organization is an incorporated non-profit society and a registered charity dedicated to prevention initiatives, especially among youth. It publishes the *Directory of Substance Abuse Services in British Columbia* every second year and is a source of support for the substance abuse components of the *Learning for Living* program introduced in the schools in 1991. Recently, it has published *Step by Step: A Prevention Handbook on Alcohol and Other Drug Use* (**see PRINT RESOURCES - SAMPLE ITEMS** section).

NATIONAL NATIVE ALCOHOL AND DRUG ABUSE PROGRAMS (NNADAP)

Health Canada, Medical Services Branch
National Native Alcohol and Drug Abuse Programs (NNADAP)
Pacific Region
540-757 West Hastings Street
Vancouver, B.C. V6Z 1A1

Telephone : 666-8182

NNADAP's objective is "to support Indian and Inuit people and their reserve communities in establishing and operating programs aimed at arresting and offsetting high levels of alcohol, drug and solvent abuse". NNADAP emphasizes prevention, treatment and maintenance as essential and interrelated elements in a balanced response to the abuse problem. Community support and involvement are solicited in identifying the local alcohol and drug abuse problems, in determining the priority services that should be delivered, and in designing projects.

NECHAKO TREATMENT CENTRE

Prince George Regional Hospital
2000 - 15th Avenue
Prince George, B.C. V2M 1S2

Telephone : 565-2387
Fax : 565-2524

Nechako Treatment Centre offers custom designed contract training for counsellors in the area of group work. Training is done on site at the agency requesting training. Topics include:
- group therapy for women and men who are substance affected and/or chemically dependent
- group work with couples
- group work with men in recovery who have assaulted their partners

NECHI INSTITUTE ON ALCOHOL AND DRUG EDUCATION

P.O. Box 34007
Kingsway Mall Post Office
Edmonton, Alberta T5G 3G4

Telephone : (403) 458-1884
Fax : (403) 458-1883

Incorporated as a non-profit society in 1974, Nechi Institute offers training for Native people by Native people. Programs are residential and follow traditional Native teaching styles (see **PROGRAMS** and **WORKSHOPS** sections). It is located in a joint facility with Poundmaker's Lodge on the outskirts of Edmonton. Nechi also contracts with organizations to offer on-site training across Canada. Has a library of 2800 items (670 of which deal with Native issues) plus 150 video titles (not yet catalogued) for loan to immediate area only; will do computer searches for a fee.

NORTHERN COMMUNITY BUSINESS COLLEGE

258 Boyd Street
Prince George, B.C. V2M 4W9

Telephone : 564-8985

Contact Jan Pooley

As a private college, the Northern Community Business College offers a variety of workshops related to substance abuse counselling. The following is a sample list:

Addiction Counselling Training
Adult Children of Alcoholics
Clinical Day for Medical Personnel
Counselling Co-Dependents
Ethics for Addiction Counsellors
Group Skills in the Addictions Field
Intervention Counselling Program
Overview of Chemical Dependency
Prevention Training
Relapse Prevention Workshop
Rural Issues in Treatment
Suicide Assessment
Adolescent Assessment
Anger Management
Counselling Communication Skills
Dual Diagnosis
Effective Case Management and Documentation
Family Violence in relation to Drug and Alcohol Use
Marital and Family Issues in Addiction
Parenting Issues in Drug Use
Program Planning and Evaluation
Relaxation/Stress Management for Helping Professions
Sexual Abuse Issues in Relation to Chemical Dependency
Women and Issues of Chemical Dependency

REGISTERED NURSES ASSOCIATION OF B.C. (RNABC)

Nursing Practice Consultant
Mental Health and Chemical Dependency
2855 Arbutus Street
Vancouver, B.C. V6J 3Y8

Telephone : 736-7331
or 1-800-972-6505

Contact Mary Aldersberg

The RNABC has developed training materials to assist nurses in the discharge of their patient care responsibilities (see *Opening the Door...* in the **AUDIOVISUAL RESOURCES** section). It is also committed to "assisting nurses in the recognition of substance abuse by a colleague" and providing "compassionate intervention". To this end, RNABC offers confidential consultation/intervention services and is currently updating *Chemical Dependency and the Nursing Profession: A guide for recognition and intervention*, due for publication in January, 1994.

WHITE ROCK FAMILY THERAPY INSTITUTE

#209 - 1548 Johnston Road
White Rock, B.C. V4B 3Z8

Telephone : 531-7220
Fax : 531-7571

Arden Henley (M.A.) and Mary Kean (M.A.) specialize in work with children, youth and families, including gender-balanced couples therapy. They offer narrative and solution focused workshops on issues of conflict, sexual abuse, and children in the family context.

YALETOWN FAMILY THERAPY

1168 Hamilton Street, Suite 207
Vancouver, B.C. V6B 2S2

Telephone : 688-7860
Fax : 688-7865

Offers a two-year, part-time, intensive family therapy training program based on narrative practice plus individual courses, workshops and 3-day summer intensives in many areas including substance misuse. Offers over 200 hours of group and individual supervision which is AAMFT approved. Currently applying for AAMFT approval for entire program.

RESOURCE PEOPLE

The **RESOURCE PEOPLE** listed in this section are available to develop and deliver substance abuse related training sessions.

Resource People

Aldersberg, Mary 91
Axsen, Rob 91
Baker, Dr. Ray 91
Brierley, Shelley 92
Brown, Stephanie 92
Champion-Smith, Diane 92
Chan, Sherman 93
Garson, Mary 93
Hansen, Miki 94
Innes, Bruce 94
Jasiura, Fran 94
Kinman, Chris 95
Richardson, Anne 95
Rinaldi, Christine 96
Robertson, Scott 96
Sanders, Colin 96
Switzer, Doug 96
Todtman, Dr. Kathee 97
Tomasson, Paulette 97
Westwood, Dr. Marv 97

ADLERSBERG, MARY

Registered Nurses Association of B.C. (RNABC)
Professional Services
2055 Arbutus Street
Vancouver, B.C. V6J 3Y8

Telephone : 736-7331
or 1-800-565-6505
Fax : 738-2272

Expertise Addictions in the nursing profession
Mental health
Experience Currently a Nursing Practice Consultant, RNABC
Mental Health

AXSEN, ROB

Telephone : 299-6377

Expertise Narrative Ideas and Therapeutic Practice
Youth and Drugs
Motivational Interviewing
Decision-Making
Experience Odyssey Substance Abuse Services for Youth
Qualifications B.A. (Hon.)

BAKER, DR. RAY

Director, Addiction Medicine
Department of Family Practice
UBC
690 West 11th Avenue
Vancouver, B.C. V5Z 1M1

Telephone : 875-5602
Fax : 875-5017

Expertise Biopsychosocial Assessment
Management of pain and addictive disorders
Codependence and pain in patients (and doctors)
Addictions in healthcare professionals
EAP with a medical perspective
Medical education and training in addictions
The Family Trap: Addicted Family Systems
Experience Developed training seminar *Booze, Drugs and the Family Doc*
Developed and taught UBC AMIR curriculum
Regular lecturer at Psychiatric update courses, international conferences, and postgraduate training programs
Qualifications Licensed physician
Certified by Family Medicine and Addiction Medicine
Family medicine practice since 1976 (focusing on substance use disorders for past 8 years)
Assistant professor at UBC Faculty of Medicine
Canadian Representative ASAM Board of Directors
Past Medical Advisor to B.C. ADP programs
Past Chair of ADP Research Review Committee

BRIERLEY, SHELLEY

Oasis Consulting, Ltd.
1666 - 160th Street
White Rock, B.C. V4A 4X2

Telephone : 536-4200
Fax : 536-4201

Expertise	Personal counselling Seminars and workshops Reality Therapy Control Theory
Experience	20 years experience teaching in Canada, US and Australia Designs/develops workshops to meet the needs of specific groups Over 30 workshops offered in the last two years
Qualifications	B.A., M.Ed. Life Skills Coach Certification Certified in Reality Therapy Advanced Instructor and Senior Faculty Member, Institute of Reality Therapy, California

BROWN, STEPHANIE

The Addictions Institute
445 Burgess Drive #150
Menlo Park, California 94025

Telephone : (415) 322-0943

Expertise	Developmental model of alcoholism recovery Group psychotherapy Adult children of alcoholics Couples and families in recovery
Experience	Currently in private practice and Director of the Addictions Institute Consultant to the Couples Institute Founding Director of the Alcohol Clinic at Stanford University in 1977

CHAMPION-SMITH, DIANE

Executive Director
Kaiser Youth Foundation

Telephone : 681-1888
Fax : 685-9046

Expertise	Prevention and health promotion Comprehensive school health Partnerships and working with communities Community development Teacher inservice Parent education Curriculum and educational resource development
Experience	Teacher Teacher inservice and curriculum development Needs assessment and materials development

Publications *Step by Step: A Prevention Handbook on Alcohol and other Drug Use*
Parents as Preventers
Women and Smoking

CHAN, SHERMAN

Surrey Delta Immigrant Services Society

Telephone : 597-0205
Fax : 597-4299

Expertise
Service to ethnocultural communities
Cross-cultural counselling and training
Heroin rehabilitation

Experience
Director of Settlement Programs, Surrey Delta Immigrant Services
Member, Multicultural Advisory Committee, Fraser Valley/ North Shore Region Alcohol and Drug & Mental Health Services
20 years working with children and youth, substance abusers, people with head injuries, immigrants and refugees

Qualifications
B.A. in social work and Masters in applied social studies
Registered Clinical Counsellor
Registered Social Worker (RSW)

GARSON, MARY

Cariboo Management Centre, Kamloops

Telephone : 372-2801
Fax : 372-5830

Expertise
ACT training
Training the Trainer
Communication and interpersonal skills
Conflict management
Mediation skills
Assertiveness
Stress management
Working with groups
Differentiated Leadership
Support staff training

Experience
Counselling and supervision, Phoenix Centre, Kamloops
Cariboo Management Centre
ACT Trainer
ACT *Train the Trainer* certification

Qualifications
B.A., M.A. (Applied Behavioural Sciences)

HANSEN, MIKI

ADP Programs **Telephone : 952-1813**
Courtyard Level, 1520 Blanshard St.
Victoria, BC V8W 3C8

Expertise Women and addiction
Community development
School programs/prevention
Experience 21 years experience in the addictions field
experience in rural outpatient services
formerly executive director of Aurora House
Qualifications B.S.W., R.S.W.

INNES, BRUCE

3165 - 204 Street **Telephone : 530-5437**
Langley, B.C. V3A 4P5

Expertise Reality Therapy
Control Theory
Experience Program manager, House of Concord
Past provincial president, Big Brothers of Canada
Currently in private practice, forensic services
Qualifications B.A., Masters in adult education
Faculty member of the Institute of Reality Therapy, California

JASIURA, FRAN

Addictions Counselling, Consulting and Training **Telephone : 861-7199**
3 - 552 West Avenue **Fax : 763-6641**
Kelowna, B.C. V1Y 4Z4

Expertise ACT training
Youth and Drugs
Community based prevention
Life Skills Training
Motivational Interviewing/Brief Intervention
Experience Private practice since 1982
National trainer, contracts with ADP, local colleges, and community organizations
Prevention consultant with ADP, 1989-1993
Qualifications B.PHE, B.S.W., Registered Clinical Counsellor
Life Skills Coach Certification
ACT *Train the Trainer* Certification
Youth and Drugs *Train the Trainer* Certification
Motivational Interviewing/Brief Intervention Training for Trainers Certification

KINMAN, CHRIS

Telephone : 850-5106

Expertise Narrative Ideas and Therapeutic Practice
Experience Family therapist, Valley Therapy Centre
Youth & family therapist, Substance Abuse Services, Abbotsford

RICHARDSON, ANNE

1705 3rd Avenue
Prince George, B.C. V2L 3G7

Telephone : (604) 562-8112 or 561-1403
Fax : 562-2229

Expertise Individual, group and family counselling
Program development and evaluation
Organizational evaluation
Codependency
Training in all aspects of addictions and their impact on the family and community

Experience Clinic Director
Regional Manager of Evaluation and Training
Area Manager
Trainer/Instructor
Sample workshops:
- Prevention Training
- Women and Issues in Chemical Dependency
- Overview of Chemical Dependency
- Counselling Communication Skills Workshop
- Clinical Day for Medical Personnel
- Suicide Assessment
- Family Violence Issues in Relation to Drug and Alcohol Abuse
- Program Planning and Evaluation
- Sexual Abuse Issues in Relation to Chemical Dependency
- Group Skills in the Addictions Field
- Adolescent Assessment
- Marital and Family Issues in Addiction

Various other workshops on a demand basis which can be tailored to specific group needs

Qualifications I.C.A.D.C. and A.I.A.
R.N., B.Sc.N.
Member of Canadian Counselling and Guidance Association

RINALDI, CHRISTINE

734 Rotary Drive
Kimberly, B.C. V1A 1E3

Telephone : 427-3007

Expertise Training/Workshops
- ACT Training
- Youth and Drugs
- It's Just Your Nerves (Health and Welfare Canada)

Experience Instructor, Psychology Department, and Counsellor, East Kootenay Community College

Qualifications B.A., M.Ed.
Registered Clinical Counsellor

ROBERTSON, SCOTT

Telephone : 733-1120

Expertise Individual, family, and group counselling
Community, organizational, and program development
HIV/AIDS

Experience Private Practice/Consultant
University Hospital Chemical Dependency Resource Team
I.C.A.D.C. and Certified Examiner for A.I.A

Qualifications M.S.W., R.S.W., I.C.A.D.C.

SANDERS, COLIN

Metanoia Consulting

Telephone : 732-1267
Fax : 253-3381

Expertise Narrative Ideas and Therapeutic Practice
Group, individual, and family therapy
Working with youth
Motivational Counselling

Experience Clinical Consultant at Peak House
Teacher in the Vancouver Community College Substance Abuse Certificate Program
On faculty at the Yaletown Family Therapy Training Program

SWITZER, DOUG

Telephone : 376-8799
Fax : 372-1147

Expertise Inhalant abuse
Street youth

Experience Former Program Coordinator, Rainbow Youth Centre
Partner in Catalyst Consulting (Regina, Sask.)
Co-author of *Adolescent Inhalant Abuse*

TODTMAN, DR. KATHEE

Telephone : 748-7396

Expertise	Respectful alternatives to codependency Motivational Interviewing Dealing with change Assertiveness training Communication skills for health professionals Team building and leadership development Reminiscence: Working with the Older Adult
Experience	10 years teaching at university and community college levels Director, Community Health Connections, Cowichan District Hospital
Qualifications	Ph.D. (Gerontology)

TOMASSON, PAULETTE

Telephone : 926-3642
Fax : 926-3297

Expertise	Codependency Individual and group therapy Gestalt, psycho-drama, and group sculpting techniques
Experience	Private practice Codependency education for professionals Therapist, Onsite Training and Consulting, Inc.
Qualifications	Nursing degree and Masters in Counselling Psychology

WESTWOOD, DR. MARV

Department of Counselling Psychology
UBC

Telephone : 822-5259

Expertise	Psychodrama Training for Counsellors
Experience	Training and experience in psychodrama
Qualifications	Ph.D. (Counselling Psychology)

B.C. POST-SECONDARY INSTITUTIONS

The **B.C. POST-SECONDARY INSTITUTIONS** section lists those people and departments people at B.C.'s public post-secondary institutions available to arrange delivery of substance abuse related continuing professional development training. Contact names are current to December 31, 1993.

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CAMOSUN COLLEGE

3100 Foul Bay Road
Victoria, B.C. V5G 3H2

Contact people

Sue Duggan
Education Programmer (Public Programs)
Community Education Services
Telephone : 370-3169
Fax : 370-3150

Mavis Swann
Education Programmer (Contract Programs)
Community Education Services
Telephone : 370-3170
Fax : 370-3150

Sample substance abuse related courses offered since 1990: None

CAPILANO COLLEGE

2055 Purcell Way
North Vancouver, B.C. V7J 3H5

Contact person

Bob Morris
Program Developer, Extension Programs
Telephone : 984-4905
Fax : 983-7545

Sample substance abuse related courses offered since 1990: None

COLLEGE OF NEW CALEDONIA

3330-22nd Avenue
Prince George, B.C. V2N 1P8

Contact people

Cathie Wishart
Community and Continuing Education
Telephone : 562-2131 local 208
Fax : 561-5832

Fran Cotton
Acting Chair, Health and Social Services Programs
Telephone : 562-2131 local 348
Fax : 561-5832

Sample substance abuse related courses offered since 1990: None

DOUGLAS COLLEGE

Box 2503
New Westminster, B.C. V3L 5B2

Contact person **Adrienne Chan**
Programmer, Community Programs and Services
Telephone : 527-5168
Fax : 527-5155

Sample substance abuse related courses offered since 1990:
Addiction Counselling Training
Alcohol Counselling
Fetal Alcohol Syndrome
Youth and Drugs

EAST KOOTENAY COMMUNITY COLLEGE

Box 8500
Cranbrook, B.C. V1C 5L7

Contact person **Gail Jacklin**
Manager of Community Services
Cranbrook Campus
Telephone : 489-2751 local 240
Fax : 489-8254

Sample substance abuse related courses offered since 1990:
Addiction Counselling Training
Alcohol, Drugs, and Seniors
Substance Abuse Prevention
Youth and Drugs

JUSTICE INSTITUTE OF B.C.

4180 West 4th Avenue
Vancouver, B.C. V6R 4J5

Contact person **Cindy Bettcher**
Co-ordinator
Justice, Family and Agency Training
Telephone : 222-7232
Fax : 660-1875

Sample substance abuse related courses offered since 1990:
Adolescents and Substance Abuse
An Exploration of Fetal Alcohol Syndrome: Implications for Practice
Facilitating Recovery from Child Sexual Abuse and Substance Abuse
Group Skills for Substance Abuse Counsellors
LINK
Working with Assaultive, Intoxicated or Substance Abusing Adolescents

KWANTLEN COLLEGE

Box 9030
Surrey, B.C. V3T 5H8

Contact people

Doug Baker
Program Consultant, Continuing Education
Telephone : 599-2907
Fax : 599-2902

Lorraine Dotson
Program Coordinator, Continuing Education
Telephone : 599-2502
Fax : 599-2578

Sample substance abuse related courses offered since 1990: None

MALASPINA UNIVERSITY COLLEGE

900 Fifth Street
Nanaimo, B.C. V94 5S5

Contact people

Sharon Steyve
Program Coordinator, Community Education
Nanaimo Campus
Telephone : 755-8775
Fax : 755-8758

Jacob Ketler
Program Coordinator, Community Education
Powell River Campus
Telephone : 485-2878

Bob Wood
Program Coordinator, Community Education
Parksville Campus
Telephone : 248-2096

Cheryl Campbell
Program Coordinator, Community Education
Cowichan Campus
Telephone : 748-2591

Sample substance abuse related courses offered since 1990:

Adolescents and Addictions
Basic Pharmacology and Medical Aspects of Chemical Dependency
Codependency and Family Issues
Drugs, Alcohol and the Elderly
Fundamentals of Substance Abuse
New Concepts in Substance Abuse Counselling
Substance Abuse: Assessment and Referral
Substance Abuse Awareness Certificate Program
Substance Abuse Prevention Strategies
Understanding Dual Diagnosis
Working with Adult Children of Alcoholics

NORTHERN LIGHTS COLLEGE

11401 - 8th Street
Dawson Creek, B.C. V1G 4G2

Contact person — **Yvonne Marshall-MacRae**, College Extension Programmer — **Telephone : 784-7509**, **Fax : 782-6069**

Sample substance abuse related courses offered since 1990: None

NORTH ISLAND COLLEGE

2300 Ryan Road
Courtenay, B.C. V9N 8N6

Contact people

Jim Hooten, Assistant Centre Director, Courtenay Regional Campus — **Telephone : 334-5012**, **Fax : 334-5018**

Rae Eckle, Community Education Programmer, Courtenay Regional Campus — **Telephone : 338-2591**, **Fax : 334-5018**

Alexandra Morley, Community Education Programmer, Campbell River Regional Campus — **Telephone : 286-8911**, **Fax : 286-8900**

Sample substance abuse related courses offered since 1990: None

NORTHWEST COMMUNITY COLLEGE

Box 726
Terrace, B.C. V8G 4C2

Contact people

Ella Goodlad, Coordinator, Access Services, Terrace Campus — **Telephone : 635-6511 local 203**, **Fax : 635-3511**

Peter Haigh, Coordinator, Extension Services, Terrace Campus — **Telephone : 635-6511 local 320**, **Fax : 635-3511**

Kathy Bedard, Administrative Officer, Prince Rupert Campus — **Telephone : 624-6054**, **Fax : 624-4920**

Mary Ellen Perrault
Supervisor, Administrative Support
Smithers Campus

Telephone : 847-4461
Fax : 847-4568

Sample substance abuse related courses offered since 1990:
Street Drugs (Prince Rupert)
Suicide Intervention
Satanic Cults

OKANAGAN UNIVERSITY COLLEGE

1000 KLO Road
Kelowna, B.C. V1Y 4X8

Contact person **Laurie Robinson**
Program Administrator, Continuing Education

Telephone : 762-5445 local 4512
Fax : 762-6634

Sample substance abuse related courses offered since 1990:
Addiction Counselling Training

SELKIRK COLLEGE

Box 1200
Castlegar, B.C. V1N 3J1

Contact person **Denise Chernoff**
Castlegar Campus

Telephone : 365-1261
Fax : 365-3929

Sample substance abuse related courses offered since 1990: None

SIMON FRASER UNIVERSITY AT HARBOUR CENTRE

515 W. Hastings Street
Vancouver, B.C. V6B 5K3

Contact people **Margit Nance**
Director, Public Policy Programs
Continuing Studies

Telephone : 291-3393
Fax : 291-3851

Nancy Petersen
Director, Social Science & Institute Programs
Continuing Studies

Telephone : 291-5076
Fax : 291-5098

Sample substance abuse related courses offered since 1990:
Research Skills for Health Care Professionals

UNIVERSITY OF BRITISH COLUMBIA

Centre for Continuing Education
5997 Iona Drive
Vancouver, B.C. V6T 2A4

Contact person N/A

Sample substance abuse related courses offered since 1990: None

Additional note:
According to people in each of the following departments, no substance abuse related continuing professional development courses are offered by UBC's School of Social Work Continuing Education, by UBC's Health Sciences Continuing Education or by UBC's School of Nursing.

UNIVERSITY COLLEGE OF THE CARIBOO

Box 3010
Kamloops, B.C. V2C 5N3

Contact person **Inga Thomson** — Extension Coordinator, Arts & Education Division
Telephone : 828-5210
Fax : 371-5510

Sample substance abuse related courses offered since 1990:
- Addiction Counselling Training
- Assessing Chemical Dependency in Your Clients
- Codependency: Healthy vs. Dysfunctional Families
- From Denial to Recovery
- Understanding Adult Children of Alcoholics
- Youth and Drugs

UNIVERSITY COLLEGE OF THE FRASER VALLEY

33844 King Road, RR #2
Abbotsford, B.C. V25 4N2

Contact person **Gloria Wolfson** — Program Head, Career/Continuing Education
Telephone : 854-4560
Fax : 855-7558

Sample substance abuse related courses offered since 1990:
- Clinical Supervision
- Dual Diagnosis
- Introduction to Substance Abuse (HSER 294)
- Sexual Assault Counselling

UNIVERSITY OF VICTORIA

Box 3030
Victoria, B.C. V8W 3N6

Contact person **Rob Martin**
Program Manager
Child and Youth Care Continuing Studies

Telephone : 721-7988
Fax : 721-7067

Sample substance abuse related courses offered since 1990:

Issues in Dealing with Substance Abuse by Children and Youth
Perspectives on Substance Abuse in Children and Youth

VANCOUVER COMMUNITY COLLEGE

King Edward Campus
1155 East Broadway
Box 24785, Station F
Vancouver, B.C. V5N 5V2

Contact person **Marilyn McLaren**
Senior Program Coordinator, Continuing Education

Telephone : 871-7064
Fax : 871-7300

Sample substance abuse related courses offered since 1990:

Basic Counselling Skills One and Two
Chemical Dependencies in the Health Care Field
Counselling Skills Certificate
Group Skills Training
Post Modern Substance Abuse Therapy
Substance Abuse Certificate Program

GLOSSARY OF EDUCATIONAL TERMS

Associate Degree - represents the completion of a prescribed two year program of studies that leads to an Associate in Arts or an Associate in Science. Can only be granted by community or university colleges which are accredited in B.C. In the Career-Technical areas, the equivalent in terms of achievement is still called a diploma although there is pressure to grant associate degrees in these areas.

Bachelors Degree - represents the completion of a four year course of studies (or 120) credits at an university or university college. Usually requires completion of a major (30 upper level credits) in a given field or two extended minors (usually 15-18 credits each).

Certificate - a college level program usually requiring the equivalent of 8 months full-time attendance at a post secondary institution. Usually expressed as a minimum number of credits, normally 30. It may also represent between 300 and 600 hours. This is not to be confused with a Continuing Education (C.E.) or Extension Certificate (see below) which tends to be for programs shorter than 300 hours.

Certificate of Attendance - usually given for a workshop or short course; simply reflects attendance rather than measured performance.

Certification - is usually used in one of two ways:

- loosely to refer to a credential from an educational institution OR
- certification of competency by a process of professional validation by one's peers or a professional association

Challenge - a system whereby students who believe that they have already mastered the skills and knowledge of a course apply for "challenge credit". Usually, they are required to write a challenge exam; they may have to complete assignments as well.

Citation - a designation used by some B.C. colleges to recognize programs which are longer than 150 hours but shorter than a Certificate.

Competency Based Education - an approach to instruction in which curriculum is derived from an analysis of the job to be performed. Students are evaluated on their mastery of these competencies.

Continuing Education (C.E.) or Extension Certificate - usually available for programs which are shorter than 300 hours but longer than 150 hours.

Course - a learning experience, usually representing 30 to 60 hours in the classroom and requiring extensive learning outside the classroom and demonstrated mastery of concepts. Usually delivered over several weeks or months.

Credit - a system whereby credits are assigned for units of classroom time. One credit usually reflects 15 hours of classroom learning. Credit courses invariably require that the student demonstrate his/her achievement; grades are usually assigned.

Diploma - a college level program of 4 - 6 four month semesters, or 1200 - 1800 hours or 60 - 90 credits.

Distance Education - a format by which a student takes a course without being in the classroom. Includes course readings, assignments, may include tele-conferencing, video-conferencing, and/or discussions by telephone with tutors. Course packages with a great deal of detail are usually included as students work through the material on their own with occasional consultation with a tutor.

Doctoral Degree (Ph.D) - usually requires an additional one to three years of full-time studies after completion of a Master's degree. Will require a comprehensive examination as well as a dissertation which consists of original research and is defended before a committee of scholars.

Full-time - refers to a student who takes 600 hours of instruction over an 8 month period. Also may refer to a student who takes 60% of what would be a full-time load in that program. As well, there are programs which may only be done full-time (i.e. are not offered to the part-time student) and there are students who may be part-time in full time programs.

Inservice - learning activities, undertaken after a job has been assumed, which assist the worker to gain greater competency in performing the duties associated with the job.

Master's Degree - requires the completion of one to two years of full-time studies (or 30 to 60 credits) after completion of a Bachelor's degree. Usually requires a thesis, project, and/or comprehensive exam. Studies are generally confined to an area of specialization.

Module - usually refers to a segment of a course which can be taken independently. Modules can be either self instructional (designed for direct use by the student in independent study) or for use by an instructor as a curriculum guide.

Non Credit - courses, modules, etc., which are taken by individuals for their personal or professional benefit and not usually involving extensive testing or demonstration of mastery. Non credit courses may be offered not only by post-secondary institutions but also by school boards, private training institutions, and governmental or non-governmental organizations.

Part-time - a student who is usually engaged in activities other than attending classes and usually attends on less than a full-time basis. There may be part-time programs which are geared for these students or they may be part-time students in full-time programs.

Post Baccalaureate Diploma - usually requires the equivalent of 2 semesters full-time study (or 30 credits), after completion of a Bachelor's degree. of undergraduate work in an area other than the student's major and/or a more specialized area.

Preservice - those learning activities which train individuals to assume new job roles.

Prior Learning Assessment (PLA) - a system whereby potential students can receive credit for learning which has been obtained as the result of experience, self study, volunteer work, etc. Usually done on a course matching basis as the result of an extensive process of portfolio development where potential students examine their prior learning and career goals and match accomplishments with the course objectives for the course for which they wish to receive credit. A faculty assessor in the field then reviews the portfolio to make the decision whether or not to grant credit.

Program - an articulated set of courses or workshops with a coherent philosophy and learning objectives. Usually requires mastery of a set of learning objectives and has an outcome in terms of measurable learning. May be credit or non-credit.

Workshop - usually a one to three day concentrated learning experience focusing on experiential learning.

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